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Mount Carmel College

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A Word from the Principal

Leadership

At a time when the world is in shock over the tragic shooting in Christchurch, the Prime Minister of New Zealand, Jacinda Ardern epitomizes the strength of character needed to lead a country through the tough times ahead. She leads with strength, determination, courage, and of course, compassion. It is the little acts of kindness that speak to us of a great leader, the human touch, the kind word and the steely determination not to give into the terror campaign. Our hearts ache when we hear the stories of those who were there or whose loved ones lost their lives. The flow on effect of such violence ripples through a global world. As schools we endeavour to teach tolerance and compassion in a just and inclusive way. These acts of violence, on a community who had stopped to pray, is unfathomable. One key belief that both Muslims and Christians share is the belief in one God – the same God.

Last week I had the opportunity to spend two days with our Year 8 and Year 9/10 students at a leadership day facilitated by yLead. These days were organised to celebrate and develop strong girls and strong leaders and our students worked alongside students from the other Alliance schools - Collegiate, Fahan, St Mary's College and Ogilvie. The days were filled with energy, excitement, fun and lots of laughter and the students were presented with many opportunities to connect, develop strong teams and work alongside one another. The creating of connections was key to the success of the days with a number of students celebrating new

friendships and exchanging contact details. There was a clear message that in order to lead and build positive environments, you first have to know who you are and what you stand for. As young women of today, there are many opportunities that are presented and choosing wisely is just a small part of the puzzle.

As we move forward from the Christchurch terror, we look to our leaders to solve these injustices and acts of hate. To choose courage and compassion as the way forward. To build connections with those they meet and to develop a respect for the uniqueness and sameness that we all share.

Thought of the Week

Keep your thoughts positive because your thoughts become your words.

Keep your words positive because your words become your behavior.

Keep your behavior positive because your behavior becomes your habits.

Keep your habits positive because your habits become your values.

Keep your values positive because your values become your destiny.

Mahatma Gandhi

Mrs Fiona Nolan
Principal



From the Deputy Principal

Kinder - Year 10 Learning Conferences

Learning Conferences were held on Monday evening and were very successful. A reminder that the second scheduled night of Learning Conferences is next Tuesday, April 2 and bookings can only be made via the PTO Online booking system. Bookings will close at 8.00am on Monday 1 April. Usernames and passwords were sent out to all parents and carers last week via EdSmart. If this information has been misplaced please contact the College Office.

It is expected that every student in Years 4 to 10 will attend the conference with their parent/carer that their progress to date can be reviewed and academic goals can be considered and agreed upon. These evenings are scheduled to provide opportunities for students to develop and take responsibility for their own learning, and to recognise areas of strength and weakness.

Years 7 - 10 Camps : 10-12 April (Week 10B)

The Year 7 camp experience will take place at Spring Beach Convention Centre and will include team and outdoor activities to strengthen current

friendships and encourage new ones.

The Year 8 camp experience will take place on Bruny Island and will be a major part of the STRIVE program for 2019. There will be camping (including tent/ fuel stove use), bushwalking and team building activities across the three days.

The Year 9 camp experience will take place on the Tasman Peninsula and include Port Arthur Historic Site. It will include a cross-curricular History/English/Science/Art focus.

The Year 10 camp experience will take place at Huonville PCYC and will include a community outreach focus in the surrounding area.

We are committed to providing well-sequenced and educationally valuable camp experiences for students which will facilitate a range of benefits, among these:

- The development of a sense of connectedness with peers, teachers and school, vital for learning to occur
- The development of social skills, independence and resilience
- A sense of achievement and skill mastery
- The fostering of team building and leadership skills.

The camp program offered at the College is considered to be a vital part of each student's educational journey and as such, is compulsory. Camps are not an optional activity and a reminder that all Camp Permission and Medical forms should now have been returned.

Bus Concerns

We are very fortunate at Mount Carmel to have a number of excellent bus services that provide for safe and convenient transport to and from school and generally we can rely on our students to behave in a safe and courteous fashion on buses. However, from time to time students and/or parents raise concerns about bus travel to and from school. Where these concerns relate to the behaviour of Mount Carmel students on buses, you are encouraged to contact any of the Heads of House or myself and parents/carers can be assured that these concerns will be followed up. All Mount Carmel Students sign a commitment to the Agreement in support of Safer Transport, which appears in the Student Planner and any behaviour on buses that does not comply with these expectations will be addressed.

Where concern is expressed about the bus service itself, you are also very welcome to contact the College. Your concerns may relate to safety issues such as a lack of seats available for students on buses or the inconvenience of routes or timetables. Any issues brought to our attention at the College will be conveyed to bus operators and a satisfactory outcome will be sought. If you do have a concern of this nature I strongly recommend that you also make direct contact with the bus service provider as the importance of the issue is emphasised when a number of voices raise the same concerns.

If you do have concerns about student bus travel to and from the College of a morning or afternoon, you are welcome to contact me at the College either on 6216 7900 or via email:

lyndal.tewes@mountcarmel.tas.edu.au

Winter Uniform

All students are to be in full winter uniform on the first day of Term 2, Tuesday 30 April.

It is, therefore, timely to remind parents and students to give some attention to ensuring winter uniforms are ready over the next few weeks. To assist parents with any final winter uniform requirements, the College Uniform Shop will be open during the first week of the school holidays, Monday 14 - Thursday 18 April from 10am to 4pm daily. Any alterations to Uniform Shop opening hours will be published on the College Facebook page.

For those families who ordered winter uniform items, these can now be collected from the Uniform Shop.

The full details about the Winter Uniform are published in the College Planner, pages 16 & 17 however, a few key reminders:

- All students should be in the revised uniform from Term 2, 2019 the transition period has now expired the only year group given an exemption to this are the students in the Year 10 cohort.
- **The College polar vest is no longer part of the College Uniform at any year level.** Those girls in the winter uniform can purchase the knitted vest to be worn as an additional layer with either the College cardigan or jumper.
- Navy stockings are to be worn with the winter uniform not socks from Year 6 -10.
- Please note that sunhats are optional in Term 2.
- Secondary students are permitted to wear their full College tracksuit in Term 2 and 3 when your daughter has two periods (minimum) of sport-related lesson eg: double HPE lesson, Dance, or Sports Science.

Mrs Lyndal Tewes
Deputy Princip[al]



From the Director of Primary

Restorative Practice Leaders

Central to the mission of Mount Carmel College is the building of positive relationships, mutual respect and responsibility within a secure and supportive structure. When relationships break down a restorative practice approach helps us to restore right relationships and bring about healing after some harm or hurt has been done to another or others.

The Year 6 Restorative Practice Leaders work with students who are experiencing difficulty in the yard during lunch time. A key feature of the Restorative Practice approach is a series of questions that focus on what has happened, who has been harmed and what needs to happen to restore or repair the hurt as a result of a given conflict.

- What happened?
- What were you thinking at the time?
- Who has affected by what you have done? In what way?
- What do you think you need to do to make things right?

Congratulations to following students who will undertake this important role during Semester 1.

Sienna Brooks	Emily Browne	Tayla Gray	Ava Grierson
Matilda Jones	Matilda Kaye	Alyssa Mahmoud	Matilda Moritz
Imogen Mulder	Asha Nichol	Aaliyah Onwegbuzie	Thania Patricio
Emily Pizzoni	Tilly Ross	Kayla Round	Sienna Smith

Through their work a culture of inclusiveness and collaborative problem solving will be achieved, one that is founded on the Gospel values of compassion, forgiveness and respect.

Cyber Safety : Messaging - Messaging - Messaging

In the last edition of *The View*, I drew attention to the importance of safe internet use. In recent weeks, a number teachers and parents have raised concerns about the amount of messaging that is occurring between students. As parents and educators, we have an obligation and need to educate our children on the appropriate way to behave online. I encourage parents to discuss with the children the types of messages and the images they send to one another. Children often lose

sight of the concept of the internet is a very public forum and have limited understanding of the digital footprint that they leave. They do not appreciate the permanent nature in which a text message or a photograph can remain on the internet with no way to erase or delete what has been sent.

I also encourage parents to read Michael Carr–Greg's articles on Social Media that can be accessed via schooltv.me on the College website.

Fire Safety

A firefighter from the Tasmania Fire Service (TFS) will be visiting the College in the final week of Term One to present a Home Fire Safety Program to our Prep to Grade 6 students. Kindergarten students, whilst not receiving a structured lesson, can expect a visit from the firefighter, who will provide activities for the students.

The age appropriate program is designed to raise fire awareness in children and includes fun in-class activities, videos, activity books, giveaways and an informative website: www.tfseducation.com.au. Parents and other family members are also encouraged to participate by reading the information and assisting your child with the after-school activities.

The TFS aims to deliver appropriate fire safety education to every primary school child in Tasmania and is part of their ongoing commitment to create a fire safe Tasmania. Key Fire Safety Messages include:

- Wake up - install a smoke alarm in every bedroom
- Plan and practice a home fire escape plan with the whole family
- In a fire crawl low and go, go, go to the nearest exit
- In an emergency call triple zero
- Keep flammable material at least two metres from the heater
- If your clothes catch fire, stop, drop, rock and roll
- Keep matches and lighters away from children
- Cooking - turn it off before you turn away
- Cool a burn under cold water for at least 20 minutes

Most house fires can be avoided. Make your home fire safe.

Mrs Caroline Wilson-Haffenden
Director of Primary



Identity and Mission

Just Action Day

On Monday a group of students attended the Just Action Day at the Sustainable Learning Centre in Mount Nelson.

The theme of the day was Fairtrade, and focused on how our consumer dollar can lead some people to liberation but can also lead to others being stuck in a life of slavery. There were guest speakers and workshops all investigating the impacts of the clothing industry around the world and here in Australia, and the students were able to gain an insight into how they can make a difference to the lives of others just by choosing wisely the clothes they buy.

One of the highlights of the day was hearing from a speaker who grew up in a Cambodian jail, came to Australia as a refugee, and is now running a social enterprise making sustainable clothing and backpacks that are sold to raise money to build schools in developing countries. The students came back

inspired and we look forward to some initiatives here at school that will build on the day.

A Message from Bishop Paul Martin, Catholic Bishop of Christchurch, March 15 2019

We are horrified at the violence that has been inflicted on people of our city this afternoon. Words cannot convey our distress. Our prayers are with those who are suffering. I invite you now, wherever you are, alone or with family, workmates or friends, to pray together in the prayer of St. Francis of Assisi:

Lord, make us instruments of your peace:

where there is hatred, let us sow love;

where there is injury, pardon;

where there is doubt, faith;

where there is despair, hope;

where there is darkness, light;

where there is sadness, joy.

O divine Master,

grant that we may not so much seek

to be consoled as to console,

to be understood as to understand,

to be loved as to love.

For it is in giving that we receive,

it is in pardoning that we are

pardoned,

and it is in dying that we are born to

eternal life.

Amen.

Project Compassion

Project Compassion continues to run during the time of Lent, and we encourage families to return their boxes (preferably full!) to the office by the end of term. There will be some activities here at the school in the coming weeks to help raise awareness and money, so look out for information in the coming week.

Mr Anthony Chapman
Director of Identity and Mission
(Secondary)



Headline Act

Autumn Concert

Last night, our Year 9/10 Elective Music Students, Instrumental Music Students, the Middle Years Voices, the Senior Singers, String Trio, Flutista Sistas and the College Orchestra staged our annual Autumn Concert.

A large audience was in attendance to enjoy a wonderful evening of high quality music from a range of ensembles and musical genres. The event was streamed live to Facebook and feedback suggested that there were many extended family and friends from other parts of the country tuning in throughout the evening.

The concert was capped off with a beautiful performance of an original song by our Vocal Teacher, Ms Hannah May Bartle, accompanied by her students and some Instrumental Teacher guests.

Congratulations to everyone who was involved on the night. It was a joyful celebration of some of our students' impressive music making in this early part of the year.

Dance and Drama Showcase

Students of Year 7/8 Dance and Drama are rehearsing their parts for the bi-annual Dance/Drama Showcase on Wednesday 29 May in the Cahill Centre, starting at 7pm.

This event is the culmination of students' work in Dance and Drama for the semester before they swap subjects in Semester Two and is always an entertaining and impressive evening.

Please stay tuned for notices regarding rehearsals on the afternoon of the performance and save the date so you can come along to support your daughters.

Mr Dave McNamara
Head of Arts



College Sport

JSSATIS Swimming Carnival



On Thursday 21 March, the Primary Swimming team took part in the JSSATIS Inter-school meet, the first of two carnivals at the Doone Kennedy Hobart Aquatic Centre. There was much excitement, and nerves from the group, particularly the Year 3 students who were experiencing their first inter-school swimming carnival. The Mount Carmel students represented the College with pride and gave it their all against some very strong opposition. Ribbons were awarded as follows:

Year 3	Cleo White	2nd Div A Breaststroke
Year 4	Lily Bannister	2nd Div A Freestyle
		2nd Div A Backstroke

	Matilda Forrest	2nd Div B Backstroke
Year 5	Hannah Jager	3rd Div A Freestyle
		3rd Div A Breaststroke
Open	Ella Maxwell	3rd Butterfly
Relay	Emily Browne	3rd Reserve Relay
	Sofia Bowman-Shaw	
	Georgie Costelloe	
	Maggie Smythe	

Next on the swimming calendar for primary students is the Southern Tasmanian Catholic Primary Schools (STCPSSA) meet, which will be held at the Hobart Aquatic Centre on Friday 5 April.

SATIS Secondary Swimming Carnival

On Tuesday, Mount Carmel College joined the 18 other independent schools from around the state at the Hobart Aquatic Centre to compete in the SATIS Swimming Carnival. Having already competed in the Southern Event, the girls were now stepping up to the next level of competition. Highlights were:

- The Mount Carmel College team placed 9th out of 15 schools in the Junior Girls Shield.



One place ahead of last year's results, and two places higher than in 2017. The winner was St Patrick's College.

- In the pennant results, Mount Carmel finished 9th in U13, 6th in U14 and 10th in U15 and U16, noting we had many competitors swimming in older age groups this season.
- Olivia Nichols, U14 had another big day in the pool, winning 50m Breaststroke, finishing 3rd in 50m Butterfly and 50m Backstroke and 4th in 50m Freestyle.
- Maya Chapman U13, Charlotte Webb who swam in U15 and Annabelle Raymond who swam in U16 all performed really well, each picking up a heat win.

With this event, the secondary school swimming season now draws to a close. Well done and thank you to everyone involved in the trials, training and carnivals. The students did a fantastic job representing the College, whether they were competing in multiple events, just one event or supporting the team in the stand as a reserve.

Surfing

Seventeen Mount Carmel students from Years 7, 8 and 9 participated in the Red Herring Surf State Schools Surfing titles at Clifton Beach on Monday.

The team included one Division 2 competitor, seven Longboard and nine Learner Board competitors.

With the strong winds in Hobart on the day, the team reported that conditions weren't too uncomfortable down at the beach, and that in the end, it was great the event was able to proceed

and a fun time was had by all. The swell was small, but it was the same conditions for everyone and it was helpful for the Learner Board division. Congratulations to Maddison Brooks who was awarded 4th place in the Longboard event.

High School Surf League



team of eight students participated in the High School Surf League, Surf Lifesaving competition at Kingston Beach. The team had a fantastic day competing in events such as the beach flags, beach relay, iron woman, rescue tube race and board relay. The team was awarded 2nd place, based on their results across all events on the day, a terrific achievement.

Rowing

The school rowing season came to an end over the weekend with the Head of the River at Lake Barrington. Seven girls made up the Mount Carmel team, including Molly Marshall, Hayley Davis, Jazlin Paterson, Isabella Albertini, Lucy Balfour, Ursula Nation and Mia Reardon. For a small group, the Mount Carmel team rowed well against the other big school teams.

Many thanks to Bruce Ims, Chris Reardon and Simon Davis for volunteering to coach the girls, towing the boats and organising the team, and to Michelle Marshall for managing the team.

Highlights include:

- 1st place to Hayley Davis and Jazlin Paterson in Girls U15 Double Scull
- 1st place to Hayley Davis in Girls U14 Single Scull
- 3rd place to Lucy Balfour and Mia Reardon in the Girls U14 Double Scull
- 3rd place to Jazlin Paterson in Girls U15 Single Scull

Secondary Cricket Finals

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Finals for the SSATIS Girls 7 – 10 Cricket roster are being played this afternoon. Mount Carmel has been represented by two



teams, with the Navy team going through their matches undefeated and playing off in the Grand Final against St Mary's at West Hobart Oval. The Gold team has also had a strong season, winning most of their games, finishing 2nd in their pool and playing off for 3rd against Mackillop at Taroon High. Good luck to all players in their finals.

Thanks to parents Cathy Roberts, Craig Foster and Sarah Gray for coaching, managing, scoring and providing transport.

Primary Tennis



The JSSATIS Year 5/6 tennis roster has now drawn to a close. Well done to the participants in the team which included Year 5 students Ashlan Ryan and Sofia Bowman-Shaw, and Year 6 students Matilda Ross, Matilda Jones and Ella Bourke. The team showed noticeable improvements in serving and game awareness as the roster progressed, and were successful in

winning many matches. The team was very cooperative and worked well with different partners, sometimes even pairing up with opposition players when necessary. Particular thanks to supervisors Justin Bowman-Shaw and Virginia Mahony for helping and organising the girls.

Softball



The season has drawn to a close for the Mount Carmel Softball Team, competing in the Southern Tasmania Softball Association roster. This group of Year 8 students has been going about their business since October last year, with games played on Saturdays in both term four and this term. Congratulations to everyone involved for their outstanding dedication and commitment to this team over summer. Well done to the players for representing the College so well. Thanks in particular to Coach Foyer Haas, for his hard work in bringing this group together for training and games, and to his team of assistants that make this team possible.

School Holiday Basketball

Registration for the April Basketball Tasmania Holiday Camps is open, being held on 15 and 16 April at Elizabeth College, Hobart. These school holiday basketball camps offer junior basketballers the opportunity to develop their skills while having fun! Camps are available for boys and girls born between 2006 - 2011. The camp cost is \$80 per person. The cost includes a Molten basketball. For more details and to register follow this link: <https://bit.ly/2WcJdLw>

Ms Nikki Stuart
Sports Coordinator

Sister O'Brien Library

Melinda Levy

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Ocean

Databases

Health Reference Center Infobase

Modern World History Online Infobase

Science Online Infobase

Today's Science Infobase

ClickView Britannica School

O'Brien Resource Centre

Databases and Catalogues

We are well into Term One now and are seeing students actively engaged in their learning and busily completing assignments and research tasks.

The College subscribes to a number of excellent databases to connect students to quality information sources to support them in their research endeavours. These databases can be accessed through the Library Catalogue

at <http://au.accessit.online/MNT09/#!/dashboard> or through a catalogue link via SEQTA. Scrolling down on the dashboard you will find links to the following databases:

- Modern World History Online
- Science Online
- Today's Science
- Health Reference Centre
- Britannica School
- Clickview

For full access to these database's, students need to login to the Library catalogue in the first instance, by clicking on the word 'Guest' in the top right hand corner; students may log in with either their printer code and no password or the username and password they use to login to SEQTA.

We encourage the students to use these valuable information sources, which can be accessed anytime and anywhere to support their learning whilst at the College. Library staff have a specialist knowledge of information, resources and technology are always delighted to assist individual students navigating, accessing and finding the right information to support their learning.

Ms Melinda Levy
Teacher Librarian



Uniform Shop

Term One Holiday Opening Hours

The Uniform Shop will be open for the first week of the school holidays. This is your opportunity to collect laybys and purchase any other uniform items required for Term 2. We will open from 10.00am to 4.00pm, Monday 15 April through to Thursday 18 April. (Friday being Good Friday Public Holiday).

Qkr! Online Orders

The online ordering system via the Qkr! app is working well. Families need to be mindful that:

- Part payments (laybys) cannot be done via the Qkr! app
- Any orders entered on Thursday, Friday or over the weekend will not be processed until Tuesday. These items will be ready for students' collection at the College Office from Wednesday morning.

Rugby Tops

Our apologies for any inconvenience caused, however any rugby tops that have been ordered will not be available until early Term Two. All parents will be notified when they are available for collection and any tops ordered and paid for via the Qkr! app will be delivered directly the College Office.

Mrs Dianne Ranalli
Uniform Shop Coordinator



Parent's Corner

Strategic Planning Invitation

Calling all parents! Have a say in the future of the College.

If you would like to be involved in the strategic planning of the College, please contact our Principal, Fiona Nolan, via email: principal@mountcarmel.tas.edu.au to organise a time to provide input.

Nominations for the College Board

Parent Nominations are called for membership of the College Board. The Board fulfils a valuable role within our College community and we recognise the commitment and contribution of all Board members.

Our College Board met on the 19 March for our AGM. The College thanks Dr Timothy Jetson for the time he has given to the College and his invaluable insight and guidance. Tim has spent six years working alongside staff and parents from the College, on the Board and sub-committees. The

College has been lucky to have such a keen supporter and knowledgeable educator on the Board. As Tim steps down from the College Board, we are now looking for interested parents to “step” into this rewarding position. Expressions of Interest can be submitted by completing the attached form by Friday 3 May

Our current Board is:

- Mr David Ronaldson – Chair
- Ms Yvonne Chaperon – Deputy Chair
- Mrs Annie Abbott – Treasurer
- Fr Brian Nichols – Parish Priest
- Sr Cathy Meese – Sisters of Charity
- Mrs Charmaine Stanton – Parent
- Ms Catherine Vickers – Parent
- Mrs Kerrie Loveluck – Secretary and Business Manager

Thank you to each Board member for their support and engagement with the College. The diversity of perspectives and backgrounds provides a well-rounded and discerning Board.



Other News

Asthma Alert - No Aerosols at School

As per the College's Asthma Policy, personal aerosols including spray deodorants, hairspray and dry shampoo are **NOT PERMITTED** at the College or at any College event, excursion or camp. Recently, students have suffered from asthma attacks as a result of aerosols being sprayed at the College.

We are committed to reducing the risks of asthma attacks at the College and parents/carers are requested to remind their daughters about this important safety consideration.

Metro School Bus Services Change

The Department of Education has advised that the final day of Term One on Friday 12 April will be a student-free Moderation Day for state schools from Kindergarten to Year 10.

However, the state secondary Colleges and most non-government schools, like Mount Carmel College, will continue to operate as normal.

Therefore, there are some alterations to Metro school buses that will apply for **Friday 12 April only**. These are noted in the attached letter:



Upcoming Dates

April

- Tuesday 2: Kinder – Year 10 Learning Conferences. 3.40pm - 7.30pm
- Wednesday 3: Year 10 GYC Careers Expo
- Thursday 4: Years 3 - 10 Athletics Carnival, Domain Athletics Centre
- Friday 5: STCPSSA Swimming Carnival, Hobart Aquatic Centre
- Monday 8: Year 7 DaVinci Challenge
- Tuesday 9: Year 8 DaVinci Challenge
- Wednesday 10:
 - Kinder - Year 6 Kilometres for Compassion Walkathon
 - Kinder - Year 6 Easter Liturgy, Cahill Centre
 - Years 5 and 6 DaVinci Challenge
 - Years 7 - 10 Camps
- Thursday 11:
 - Palm Sunday Re-enactment, Cahill Centre
 - Years 7 - 10 Camps
- Friday 12:
 - Years 7-10 Camps
 - Term One Concludes