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A Word from the Principal

Leadership

This week the focus of our nation has been on leadership. The nation has voted and the voice of democracy has been heard. Whether you agree with the choice, or even the selection of possibles, these leaders have come from our society. Politicians are often questioned about what they believe and what they think, they are scrutinised by the media and must live in the limelight. The job of keeping everybody happy is, of course, not possible. So what does make a good leader? Who do we look to for our models of leadership? Recently I mentioned the New Zealand Prime Minister, Jacinda Ardern, her empathy and compassion in a crisis was inspiring. However, this is not the only quality we look for because of course we hope we don't go from crisis to crisis. A good leader:

- Is a product of good parenting, teaching, coaching mentoring and guiding that comes before. A good leader often gives credit to those people in their lives who have impacted their vision and their paths.
- Knows the people in their care – who are they leading, where do they need to get to and how do they need to protect them?
- Displays COURAGE. Not the courage that is the absence of fear but rather they might accept that there is risk but they forge ahead with what they think is “right”.
- Is gentle – not weak but strong in their gentleness. Their gentleness is kind and considerate, it is teachable and accessible, it is approachable by all.
- Gives generously – not money but rather time, attention and insight.
- Is loyal and faithful. They are reliable and dependable. They stand beside those they lead.
- Has the skills of solving problems, sometimes creatively. Drawing connections and linking ideas to move forward.
- Is able to unite a group of people to move ahead, to forge a path forward.

At Mount Carmel, we have many role models for great leadership. Jesus and his work with seeking justice and compassion for all, the Sisters of Charity who founded our amazing College, our parents and carers and our peers. Each offers an insight into the complexity that is leadership. After all great leaders lead from the inside out – they lead with their heart and with integrity. They equip, encourage and coach others to reach their potential. Every day I see our students reaching out, helping each other and giving of themselves. They are not a walk over – they stand strong and steady. They each have a mixture of the factors which make a good leader, in different amounts and in different situations. Our Year 8 students are currently engaging in STRIVE (Spirituality, Teamwork, Resilience, Independent, Volunteering, Empowerment) – they are picking up the rubbish that lies on our beaches, navigating their way from the CBD back to school on their own, undertaking meditation through the use of a labyrinth. They are exploring who they are and what they are capable of. The first steps in leadership.

I would like to take this opportunity to thank the staff of the College, in particular the Leadership Team who work tirelessly to ensure the smooth running of the College. From Reception, to the Grounds and to the teaching and support staff – they model true servant leadership in their care for the students. Thank you also to the Board, who meet monthly to discuss and discern – your courage and gentleness is appreciated.

Thought for the Week

My thought for the week is for our students:

Don't let anyone look down on you because you are young, but set an example for the believers in speech, in conduct, in love, in faith and in purity.

1 Timothy 4:12 New International Version (NIV)

Fiona Nolan
Principal



From the Director of Primary

Last week was certainly a very busy one with a number of classes participating in the Learn to Swim program or in the case of the Year 3 and Year 5 students, completing the NAPLAN tests. As reported in the media, a number of students experienced connectivity issues especially on Tuesday. I would like to acknowledge the students for their resilience during this time and a desire to do their best throughout the NAPLAN testing period.

Spirit of Jesus

Recently, the Year 3 and 4 classes had an opportunity to work with Peter Mitchell who developed the Making Jesus Real program. Mitch, as he is fondly known, has travelled around hundreds of Australian Catholic schools encouraging students, teachers and parents to “switch on” to the spirit of Jesus.

The students had an opportunity to consider a number of key issues during their session including the fact that they are in charge of their attitude – to school, to home, to one another and to the challenges they face on a daily basis.

Without question, self-reflection is a very important tool. When asked how they need to grow as a person in order to be the very best that they can, their responses showed considerable thinking.

Where did you see the Spirit of Jesus on your life over the last 3 days?

- When Mum made me breakfast and lunch this morning and dad ironed my clothes.
- When I was asked to be a partner as I didn't have one.
- When my friend caught the bus so she could watch me play netball.

What can I do to be a better person this year?

- Not fight with my sister, be more cheerful instead of moaning and groaning at home.
- Play with different people, include more people in my games, smile more especially at home.
- Volunteering to do things at home and school; be more positive when I say, “Hello” in the morning.
- Be more of a “giver” of myself than a taker. Try to be more kind and encouraging and saying thanks more than I do.

What small things can I do to be a better team player at home?

- By doing as I am asked cheerfully and saying, 'Ok' with a smile;
- Be more positive at home instead of moaning and groaning.
- Be more pleasant with my brother and sister; take the bins out when they are full.
- Volunteer more at home.
- Thank my parents 4 times a day every day. Be more grateful for what I have and keep my room tidy.

What small things can I do to be a better person at school?

- Coming into school and saying good morning and good afternoon to more people. Include more students in our games; be a better friend to my friends and make new friends.
- Be more of a giver of myself by sharing my things with others.
- When thanking a person use their names. Don't exclude anyone. Play with different girls.

What is your "Oh Yeah" moment from this morning's lesson or what was the main point that made sense to you?

- When Mitch said, "We should encourage our parents." I realised I had never thought about that and I am going to say thanks for the many little things they do like meals, washing clothes, and be more grateful.
- I liked it when we talked about the Spirit of Jesus is in of our hearts, and always try to be the best person you can be.
- I liked the video of Arthur who couldn't walk and he kept trying. He believed in himself, so much so that he turned from being negative and sad to positive and happy.
- School is not only being smart, it is about believing in love, being caring and positive.

"One of the greatest gifts that we can give our students is for them to see the Spirit of Jesus in themselves and others. To recognise His presence in themselves and others and to live the gospel values of kindness, compassion, friendship ... is the bottom line of Catholic education." (Peter Mitchell)

Circle of Life

Information has been sent home via Ed Smart regarding next week's Circle of Life sessions for the Year 1 to 6 classes. The program aims to:

- encourage the development of positive attitudes towards growth and development of sexuality in children
- promote discussion between parents and children
- provide accurate and up to date information
- help children to develop positive relationships

It is very important that parents and teachers work together to inform students about such important topics.

Healthy Lunch Boxes - Nut Alert

During the past few weeks several students have brought foods containing nut products in their lunch boxes. I would like to remind families that nuts are not to be consumed at school. This includes foods such as peanut butter, Nutella, hazelnut spreads, health bars and biscuits that contain nuts. There are a number of students who experience severe and life-threatening allergic reactions to nuts.

Ideally students should only bring water to school in their drink bottles.

Assembly

The students always enjoy the opportunity to showcase their learning at assemblies.

Next Monday, commencing at 10am in the Cahill Centre, the Year 3 and 4 classes will host our first Primary assembly for Term 2. Families are welcome to attend and we ask that you sit upstairs on the mezzanine level of the Cahill Centre.

Finally, I would like to thank Mrs Christine Russell who worked in Year 6 Navy for the duration of Term 1 and for the past 4 weeks has been in Year 2. The students have thoroughly enjoyed working with Mrs Russell and we wish her all the best.

Caroline Wilson-Haffenden
Director of Primary



Mission and Identity

Month of May and Mary

As Mothers' Day was two weeks ago and tomorrow we have the Mother's Day lunch we turn our thoughts to motherhood and the many blessings the role brings to many lives. Equally it presents challenges!

Motherhood can bring about a myriad of emotions from joy to frustration to utter exhaustion. We can take great comfort in the arms of our Blessed Mother Mary. She is the perfect role model for each of us as women, no matter where we are in our lives or what circumstances surround us. She is our refuge and advocate, and she teaches us about faith and being open to God's divine plan.

We all have our hopes and dreams for our children, siblings, nieces, nephews, godchildren and grandchildren. It is certainly necessary for us to be supportive and loving yet set limits for them. There are also times when we have to allow them the opportunity to grow into their own person and establish their own relationships. There comes a point where we have to let them think for themselves and make their own decisions. We can assume that Mary had at least a small personal desire to have her son just be a normal carpenter and not have to suffer and give up his life for mankind. However, she had the courage to put him and others before her own desires. When his time came, she stepped aside and allowed Jesus to set out on his public ministry.

The most difficult yet essential lesson that Mary teaches us is her willingness to accept suffering. From the very beginning of her open "Yes" to God, she prepared herself to whatever was

to come. Mary exemplified the strength and courage it takes to move forward with heartbreak by relying on God's mercy and the help of others.

In this month of May, let's pray that we become more like our mother Mary, who is the epitome of motherhood. May we learn more about Mary and her sacred motherhood to Jesus and the church. May we always turn to her for consolation in our journey as women and mothers of faith.

Class Masses with the Parish Community

Students from Kinder to Year 6 will attend Holy Spirit Church, Sandy Bay for Mass with the parish community. Parents are warmly invited to join the relevant years in celebrating the Eucharist. The dates are as follows:

- Tuesday 28 May at 9.15am - Years 3 and 4
- Tuesday 4 June at 9.15am - Years 1 and 4/5
- Tuesday 11 June at 9.15am - Prep and Year 6 White
- Tuesday 18 June at 9.15am - Years 2 and 5
- Wednesday 26 June at 9.30am - Kinder and Year 6 Navy

Ida Saracino
Director of Mission (Primary)



Curriculum News

We have been extremely busy in the last two weeks. Some highlights include:

- NAPLAN testing for Years 3, 5, 7 and 9. I am sure that many of you have read and seen the media reports relating to NAPLAN this year. I would like to congratulate our students and staff who coped extremely well with the testing situation. On the Tuesday the whole of Australia experienced technical difficulties.
- Field Day held this Tuesday in perfect conditions was a fantastic day for the whole College to come together, compete, enjoy the House spirit and celebrate achievement and perseverance. A big congratulations to our Head of PE and Health Petra Dennis, and her staff who organised and ran a great day.
- Year 10 students as part of their transition program attended the Big Day In at the University of Tasmania on Wednesday 22. The focus was on skills required to thrive in the future. This is extremely topical and we listened to talks relating to preparing for the age of the individual, cyber safety and security and how technology is changing and disrupting many of the traditional markets as well as creating new areas of work. Speakers from the Australian Defence Force spoke of how jobs and directions in the forces are changing. It gave our students much to think

about, challenging their thinking and giving them a wonderful opportunity to reflect on their futures.

- Years 8 and 9 students are just entering the exciting phase of choosing their electives. There are some new offerings this year and students will have the opportunity to discuss these with staff on Thursday 23 at an Assembly and then in the afternoon at a session where parents and carers are invited to come and discuss pathways with staff. We encourage students and families to discuss the electives together and to take the opportunities to ask questions and discuss further with staff. It is important that students choose electives they are interested in.
- A number of our students in Year 7 entered in the Write for Fun Competition submitting poems. Entering competitions is a wonderful opportunity as it provides meaning for writing, and the chance for a real audience. Congratulations to Zoe Fava, Aimee Stacey, Olivia Lowe, Catherine Wijayaratne and Naikya Kelly whose poems were chosen to appear in the published book.

Kim Schade
Director of Teaching and Learning



From the Curriculum Leaders

A Curriculum Snapshot

As the Curriculum Leaders, each fortnight we will provide a snapshot of some of the diverse and engaging learning experiences that students have enjoyed across the College. We are planning to interview students and their teachers, including Heads of Department about what is happening both within and outside the classroom walls.



On Monday this week, the Year 4 students thoroughly enjoyed sailing on the Lady Nelson as part of their unit on explorers. Mrs Himson stated that the students are learning about the explorers and the First Fleet. The opportunity to experience tall ship sailing will not doubt be one of the highlights for the students this year.

In contrast, the Year 8 students have been involved in a series of Digital Technologies sessions addressing a range of topics such as the history of the internet and social media including the speed at which photographs are shared. One of the key messages for students was the importance of leaving a positive digital footprint. According to Mr Peck these sessions are addressing specialist technical skills.

By keeping parents abreast of the happenings around the College, we hope to spark conversations on the home-front and foster a sense of connectedness.

Rose Goward and Sarah Wilson-Haffenden
Curriculum Leaders



STRIVE



The Year 8 STRIVE program is in full swing and student enthusiasm and willingness to challenge themselves has been demonstrated through their participation in Monday afternoon activities and the recent Year 8 Camp at end of Term 1.

The Year 8 Camp based at Adventure Bay on Bruny Island provided a range of experiences and challenges. Students pitched and slept in tents for the two nights and participated in a busy schedule of activities. They walked to Waterfall Creek and Fluted Cape, swam, rafted and played in the ocean at Adventure Bay Beach, considered the indigenous history of the area and the perspectives of the indigenous people and reflected on their experiences and achievements together in prayer on the beach in the darkness each evening. At the beginning of Term 1, when

year 8 gathered together for the first STRIVE afternoon students were asked to do two things in particular as they engaged with the program. Students were simply asked to try; and to cope. Staff attending the camp on Bruny Island couldn't be more impressed with the eagerness with which students were willing to try - something new, something challenging or uncomfortable throughout the camp program and their capacity to cope with individual situations, discomfort and fatigue. Students obviously embraced the essence of the STRIVE program - to challenge and extend themselves - and they should be proud of themselves for doing so.

In Term 2 and 3 the focus returns to the Monday afternoon experiences which center around the students place in the world. The Year 8 STRIVE program in Term 2 and continuing into Term 3 is designed to engage students with the environments around them with a specific focus on the City, The Mountain (kunanyi) and the River Derwent. Students will be encouraged to reflect on how they are connected to the City, Mountain

and River and the connections between these key aspects of Hobart's geography. The experiences are intended to promote students thinking and awareness of the world around them, development of life skills and facilitate personal growth. The scheduling of these activities during the colder months of the year requires students to be prepared with appropriate and necessary clothing for each outdoor experience as cold and sometimes wet conditions can be expected. Getting out and about during winter and being prepared for all conditions are an important part of the real-world learning experiences students are engaging with. Underpinning this whole initiative is the belief that each individual is a productive participant in something larger than themselves. Essentially, learn much more about myself unexpectedly is the process of thinking, pondering, and the spirituality sessions conducted at the College provide the anchor for student perspectives and the interpretation of all of their experiences.

I am very proud with the way in which year 8 students have participated, challenged themselves and learnt so far and look forward to the remainder of the year ahead. The program for Term 2 and 3 is below.

Mr Stewart Bennett
STRIVE Coordinator

Term 2 STRIVE Experiences

Monday Afternoons - Week 6B: Monday 3 June
and Week 8B: Monday 17 June

Orienteering

Location: Waterworks Reserve

Transport: College Vehicle

Clothing: Sport Uniform + waterproof jacket

Food: BYO packed lunch + water

Details: Students will be taught basic bush navigation techniques using a map and compass.

In groups of two or three, students will be set off to locate fixed checkpoints accessible via trails within the Waterworks Reserve. Student groups will be working unsupervised within a defined area, reporting back to supervising teachers at a central location. This is a moderately active experience in an outdoor setting requiring students to follow instructions, work independently and work effectively in small groups.

City Rogaine

Location: Hobart CBD to Mount Carmel College

Transport: College Vehicle

Clothing: Sport Uniform + waterproof jacket

Food: BYO packed lunch + water

Details: Students will be taught basic urban orientation and navigation techniques using street maps and their phone. In groups of three or four, students will be dropped on the northern side of the Hobart CBD and asked to locate various services such as Police, Fire, RHH Emergency Department, Service Tasmania in a logical sequence as they make their way back to the College on foot. Student groups will be working unsupervised within a defined area, reporting back to supervising teachers located at Salamanca Place enroute to the College Campus. This is a moderately active experience in an urban setting requiring students to follow instructions, work independently and work effectively in small groups, demonstrate responsible pedestrian behaviour and traffic awareness.

Coast Clean Up

Location: Marievilla Esplanade / Sandy Bay Road

Transport: Walking

Clothing: Sport Uniform + waterproof jacket

Food: BYO packed lunch + water

Details: Students will participate in a coastal litter and debris clean-up of the Derwent River foreshore nearby the College Campus. This session will be facilitated by College staff and external educators to inform students of the consequence of releasing litter into the environment and then equip students to take some direct action in removing waste from the river environment and empower them to make decisions in their own lives to minimise their own rubbish. All clean up equipment including gloves will be provided.

Spirituality

Location: Mount Carmel College

Clothing: Sport Uniform

Food: Lunch as per usual in the College grounds.

Details: These sessions will allow the students to reflect upon their place and role within God's Creation. They will be facilitated by College staff and members of the Tasmanian Catholic Education Office's Catholic Identity and Evangelisation Team. Students will be exposed to various form of Spiritual practices including walking a labyrinth, creating and meditating upon a hand labyrinth as well as participating in the Examen.

Community Awareness Week: Week 10

Further details will be provided during Term 2 regarding student options for participation in this.

Term 3 STRIVE Experiences

Monday Afternoons:

- Week 2B: Monday 29 July
- Week 4B: Monday 12 August
- Week 6B: Monday 26 August
- Week 8B: Monday 9 September

Mountain Walk

Location: Kunanyi above Springs

Transport: College Vehicle

Clothing: Sport Uniform + waterproof jacket + warm clothes

Food: BYO packed lunch + water

Details: Students are briefed on what to expect and need to arrive ready to be outside and walking in any weather. This intended to challenge students to be prepared and cope with the conditions, as well as allow students to enjoy a beautiful environment.

Kayaking

Location: Marieville Esplanade - Derwent River

Transport: Students walk

Equipment: Students wear full winter sports uniform and bring a spare pair of shoes and socks and a towel to dry their feet. (one pair of shoes

and socks will get wet).

Details: Facilitated by Roaring 40s Sea Kayaking with two guides, students paddle in double sea kayaks along the Derwent shoreline looking at storm water outlets, natural and built shorelines and continuing a conversation about water quality, management and coastal ecosystems and the impact that urban activities have on estuarine and marine environments.

Water testing / plastic sampling

Location: Access points around Derwent River

Transport: Students walk

Details: This activity builds on student's awareness of coastal environments and ecosystems through Term 2 clean-up activities. Students will be sampling and testing sand and sediment for microplastics using the Australian Microplastic Assessment Program methodology and data collected will be contributed to a national data base to increase our understanding of the prevalence and impact of plastic in the environment.

Spirituality

Location: Mount Carmel College

Clothing: Sport Uniform

Food: Lunch as per usual in the College grounds.

Details: These sessions will allow the students to reflect upon their place and role within God's Creation.



Positive Education

The importance of Exploring a Growth Mindset

There has been many a time where we have thought that we can't do something and that we either do not have the skills or the intelligence to accomplish a task or we feel that there is no point even tackling something as we do not have the skill set to be successful.

Our attitude influences how we will respond to any situation, how we relate to those around us and how happy we are at any given moment. Those who have a Fixed Mindset will tend to believe that their learning, talents or achievements in life are all static and so they won't feel that they can or will develop them. However, those people who have a Growth Mindset will believe that anything is achievable and that they can nurture and develop changes in their lives, realise it is possible to add new skills to their repertoire and see that all they do is always a work in progress.

In order to practice improving one's mind set and focus in on allowing it to grow rather than be fixed it is not as simple as saying "Just don't give up" there is an actual process that is required to

ensure that change can occur. According to researchers at the Langley Group in order to practice Growth Mindset you need to emphasise what you are learning each time you try something new, focus on the progress you are making toward a goal, rather than what will happen if you don't get there and challenge self – limiting assumptions. (Langley Group 2015)

As a parent it is always important that you encourage your son or daughter to use a Growth Mindset when focusing in on tasks set for school and life in general. Parents need to support children's learning both inside and outside the classroom no matter what the age, ensure that you are working in partnership with your son or daughter's teacher or teachers, worry less about being an advocate for ensuring that your son or daughter is focused only on marks and ensure that they are challenging themselves, being challenged and promoting the ideas around growing.

Finally, it is important to recognise the importance of the power of YET. If we are all in a Fixed Mindset we are working with what we can only do NOW. If we are in a Growth Mindset we are able

to work with the power of what we can do in the future. "Every time you hear a voice saying 'You are not _____' add YET. 'I am not _____ yet.' " Dr Carol Dweck

To find out more about the benefits of Growth Mindset read Carol Dweck's book Mindset or watch one of her amazing TED Talks such as the one linked here:

https://www.ted.com/talks/carol_dweck_the_power_of_believing_that_you_can_improve?language=en

Another exploration which may give you inspiration or help teach you some new skill in relation to the Power of YET and using a Growth Mindset is to watch Jeremy Cowart's 'I'm Possible' <https://www.youtube.com/watch?v=jC-rpAkfE2I>

"I change myself, I change the world." M.K Ghandi.

SchoolTV

A couple of years ago Mount Carmel College was asked to trial a resource that many leading child and adolescent psychologists thought would be ground breaking and that resource was SchoolTV. After a period of time we as a College and many other Colleges around the country gave it our tick of approval.

For those who unaware, SchoolTV is a wellbeing platform that allows you as parents or guardians to explore many topics that are pertinent to your child's life. These topics are added to once a month and vary in nature, and are then archived so you can type in the search bar and find what you are looking for,

SchoolTV assists you as parents and guardians and provides resources that are relevant, fact based and informative around ensuring that you are raising a child who is resilient, grateful and strong. It pools some of Australia and the world's leading experts on a one platform, allowing you to access their teachings, ideas, and thoughts. As a parent or a guardian it can be overwhelming at times and this resource acts as to provide credible

and practical ideas using easy to listen to videos, clear and considered resources sheets and other forms of information.

Finding SchoolTV is easy for all Mount Carmel parents as it can be found by going to the College website and clicking on the PARENT tab and it will be the first one that appears. The feedback over the years has been absolutely positive so I encourage all parents of the College to either visit for the first time, revisit if you have not for a while or continue to use as a tool to assist you when needed.

College Planner

Last year we explored the idea of using Learning Curve to produce our planner (Years 3 -10) as they specialise in resources linked to exploring and teaching Positive Education. The idea was that the planner would complement any wellbeing focuses staff would undertake in CLAN time, wellbeing or Health lessons or just as an incidental lesson or conversation. As parents, if you have not already explored the planner I wholeheartedly encourage you to do so and even encourage your daughter to use some of the activities, resources or ideas that are on the left hand side. This resource is another way that as a College community we can continue to assist in encouraging a stronger mindset and happier mental health.

Danielle Miller

On Monday evening as part of a Girls Alliance initiative, a number of staff and parents attended an evening with Danielle Miller. She is an author, educator, business woman, media commentator and a leading expert and champion of girls where she explores how to get the very best out of them. If you were unable to attend the evening or want to use some of her resources or follow her blog you can access these through <http://danniellemiller.com/> or <http://www.enlightenededucation.com/>

Melanie Sluyters
Director of Positive Education



O'Brien Resource Centre

Students need School Libraries

- Did you know... that your school library supports your child to engage with a diverse range of books to extend their imagination and develop a lifelong love of reading?
- Did you know... that school libraries are responsive and collaborative learning spaces that provide students with access to a wide range of resources that are relevant and appropriate to their learning needs?
- Did you know... that school libraries support your child to reach their potential by teaching them how to become capable researchers and to navigate the world of online information and fake news?
- Did you know... that teacher librarians hold specialised qualifications as both a teacher and a librarian? Quality library staff are trained to support keen and reluctant, successful and struggling learners.

Students need school libraries. If you are keen to ensure that EVERY child in Australia has access to a quality school library, check out the information available at <https://studentsneedschoollibraries.org.au>

At Mount Carmel College, we are very fortunate to have two trained and experienced library professionals working within the Sister O'Brien Library. Mrs Hedwig Hill is a qualified Library Technician and Ms Melinda Levy is a qualified Teacher Librarian, holding qualifications as both a librarian and teacher.

We always welcome feedback and suggestions on ways you believe library services can be further enhanced at Mount Carmel College. Please contact us at library.email@mountcarmel.tas.edu.au

Melinda Levy
Teacher Librarian



College Sport

Term 2 Sport is now in full swing. We currently have 20 teams competing in rosters for hockey, netball, volleyball, badminton and water polo. Thank you to parents, siblings and fellow students that have volunteered their time to help Coach, Manage and Umpire the many teams we have representing the College this term. It's very much appreciated by all the students that are able to play sport because of your involvement.

Field Day

The Mount Carmel College Field Day was conducted on Wednesday at the University Sports Grounds. It was a very pleasant autumn day, perfect conditions for both running and supporting. This year we kicked off proceedings with a relay involving teams from across the year groups. It was hotly contested, with lots of cheering and fun for all, setting the scene for the day. Then the cross country races commenced with our youngest races first, while the Secondary students participated in some new activities on the top oval. Year groups rotated throughout the day, running their races, playing some fun activities, and cheering for their house teams and class mates.

Thanks to staff and spectators that helped contribute to a great day and the Bean Frenzy coffee van, for the warm drinks. Congratulations to all the Students that tried so hard, and for their enthusiasm and support of fellow school mates.

The top 3 place-getters in each year group and activity winners are as follows. The overall results, including the relay and year level activities, will be announced on Tuesday when the Field Day Cup will be presented to the winning House.

Year 3

1. Jemima Geappen
2. Riley Bain
3. Lily Batchelor

Year 5

1. Sofia Bowman-Shaw
2. Isabella Copeland
3. Isabella Heroys

Year 7

1. Avalon Forbes
2. Natasha Furjanic
3. Meg Harrison

Year 9

Year 4

1. Ivy Bresnehan
2. Miranda Gillie
3. Antonette Conrades

Year 6

1. Isabella Quin
2. Ursula Nation
3. Olivia Jones

Year 8

1. Hayley Davis / Olivia Nichols
3. Cecilia Bowman-Shaw

Year 10

- | | |
|--------------------|----------------------|
| 1. Maddison Brooks | 1. Anja Bobrowski |
| 2. Taylor Brooks | 2. Ava Faint |
| 3. Samantha Tuck | 3. Annabelle Raymond |

Primary Netball



This season the College is represented by four teams in the JSSATIS Primary Netball competition. The two Year 3/4 teams commenced

last Wednesday after school. With many of these students playing netball for the first time, it was as much about learning the rules of netball as playing the game.

The Year 5/6 roster commenced last Thursday with some brilliant skills on display. Good luck to all our Primary netballers as the season progresses and thank you to all our Primary netball volunteers for their time and expertise at lunch time trainings and at the games.

Secondary Netball

Last week SSATIS Netball commenced with Mount Carmel returning to the Division 1 College roster, followed by our six year group teams this week. There were some fantastic games to start the season.

The Division 1 roster is held on a Monday afternoon at the Hobart Netball and Sports Centre, with the team securing a strong win against Friends 31-10, in their first game. This week they found the going a bit tougher being defeated by an impressive St Mary's outfit, 35-12.

This Monday we also had a Year 7 Division 1 team, two Year 7 Division 2 teams, Year 8 Division 1 and Division 2 teams taking to the court. It's great to see so many Year 7 students, many new to the school, joining teams, getting to know each

other better, and challenging themselves. Year 7 Gold in Division 1 had a strong result, defeating Fahan 50-2. Navy had a good game just losing to St Mary's 11-20, and White were up against a strong Dominic team, defeated 4-30. Year 8 Navy were also defeated by St Mary's 3-16. It was the Year 9/10 teams turn on Tuesday after Field Day. In a thriller, Mount Carmel defeated Sacred Heart 19-17.

Thank you to all the parents, staff and students assisting with Coaching, Umpiring and Managing teams this season. Best wishes to all our Secondary netballers for the season ahead.

Hockey

The popular Hockey Tasmania Schools Hockey competition commenced for primary teams on Saturday 4 May at Cornelian Bay, and then through the week with their secondary competitions.

In the Primary roster, Mount Carmel is represented by a team in the Open Primary, a Year 3/4 Half Field team and two Year 1/2 Quarter Field teams. The Year 5/6 team in the Open Primary roster are improving every week and played a great game against Collegiate last week, being narrowly defeated 1-0. The 3/4 team started without enough players, but have since gone from strength-to-strength. The Year 1/2 teams are also having a great time in their rosters, showing their competitive spirit and doing very well.

Talented students from Year 8 to 10 are playing in the Girls Division 1 competition on Thursday afternoons. This roster includes Year 11/12 students from other Colleges and our young team are relishing the challenge against the older teams in this roster. So far the team has defeated GYC 8-1 and Fahan 8-3. Keep up the good work!

Nikki Stuart
Sports Coordinator



Upcoming Dates

May 2019

- Thursday 23 May: Years 9 and 10 Subject Selection Afternoon - 3.30pm - 5.30pm
- Friday 24: Mothers' Day Lunch - 12.40pm - 1.40pm
- Monday 27: Primary Assembly - 10.00am, Cahill Centre
- Monday 27: 2019 Japan Tour Parent Information Evening - 6.30pm - 7.30pm, O'Brien Resource Centre (Library)
- Monday 27: Circle of Life (Years 1 & 2) - 6.00pm - 7.00pm, Drama Studio
- Tuesday 28: Circle of Life (Years 3 & 4) - 6.00pm - 7.15pm, Drama Studio
- Wednesday 28: Circle of Life (Years 5 & 6) - 6.00pm - 7.15pm, Drama Studio
- Wednesday 29: Dance/Drama Showcase

June 2019

- Tuesday 11 - Friday 14: Languages and Cultural Diversity Week
- Wednesday 12: Year 10 GYC Pathways Expo - Glenorchy Campus
- Thursday 13: JSSATIS Cross Country



College Notices