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06 June 2019

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A Word from the Principal

This week in my newsletter piece I would like to draw your attention to a wonderful website – a resource for all parents and carers – www.parentingideas.com.au

This is a website that has access to experts in all fields and they produce some wonderful resources, including parenting tips and advice. Just recently, I was looking for information for my sister in Queensland. She has three wonderful daughters aged from 10 through to 15. Family conversations around the dinner table tend to take the drama of a situation to new levels, particularly at this time of the term when assessments are causing stress and friendships are fracturing. As their house takes on a new level of tension, I went trawling for ideas and found this wonderful piece from Dr Michael Grose.

Teach kids not to jump to conclusions

Many children jump to conclusions when an unpleasant situation occurs, thinking and acting impulsively rather than thinking rationally before reacting. (This is not just the domain of kids, by the way!) While these snap judgements may be justified, in reality they are the least likely to be the right ones.

Slowing down your thinking and avoiding jumping to conclusions is a great resilience skill that can be improved with practice. As a parent, you can model this type of thinking, reciting the possibilities out loud so your kids can see how it's done.

For example, imagine a boy walking across a schoolyard when he's hit in the face by a football. He automatically thinks someone is trying to hurt him, basing his conclusion on the fact that he has been on the receiving end of some rough treatment in the past. He is angry and starts a fight with the boy who kicked the ball, with both of them ending up in trouble.

Don't react, hit the pause button instead.

In contrast, if the boy had paused to think before reacting, he may have drawn quite a different conclusion. He might have looked at the person who kicked the ball and, knowing that boy's general skill level, understood that the most likely scenario was that it was just an accident. In fact, the chances of the boy deliberately aiming at and successfully hitting him were very slim. He would have laughed and kept walking, or joined in the game.

Imagine a girl waiting outside a shop for her friends. They are late, and after ten minutes the girl gets annoyed, concluding that her friends have ditched her – they had tricked her into going to the shops and were never going to meet her; they just wanted to make a fool of her! She sends them an angry text message and goes home in a huff.

This is classic pessimistic thinking – the type that often spirals out of control, leaving a person feeling physically and emotionally exhausted.

If, instead of jumping to conclusions, this girl had slowed down and thought through the possibilities, she would have realised there were lots of quite reasonable scenarios causing her friends to be late. Perhaps they had missed their bus, or they got stuck in traffic. Maybe they got on the wrong bus. The buses always ran late anyway. Instead of her angry text message she could simply have sent a questioning one, wondering if her friends were okay. She could even have called them!

Resilience is a skill

Slowing down your thinking and avoiding jumping to conclusions is a great resilience skill that can be improved with practice. As a parent, you can model this type of thinking, reciting the possibilities out loud so your kids can see how it's done. If you are the type of parent who instantly assumes the worst and builds mountains out of molehills, this practice could help you as well. (Don't forget to do this when making judgements about your children's behaviour too!)

It can be challenging to think rationally in our modern lives. The propensity of the media to focus on sensationalism and worst case scenarios in many news items doesn't help – they simply normalise the practice of catastrophising. "The worst recession in years...", "Record drought figures...", "Poll figures spell defeat for the government" – you know, the attention-grabbing headlines.

But neither we as adults, nor our kids, need to think this way. We can think differently, reach our own conclusions, and teach our kids to do the same.

Thought of the Week

You were given this life because you are strong enough to live it.

Fiona Nolan
Principal



From the Deputy Principal

Beware the Teen Tipping Point - Maggie Dent

I have included in this week's edition this article to provide parents/carers with an interesting read, insight and perspective on raising adolescents.

<https://www.maggiedent.com/blog/beware-teen-tipping-point/>

House Band Competition

The College was full of anticipation, House spirit and musical prowess at the inaugural House Band Competition at lunchtime on Tuesday.

The three Houses competed with their song and it was wonderful to witness such amazing talent and dedication by all the teams. A huge thank you to Mr Dave McNamara for his commitment to this event, with the full support of the House Captains and Heads of House. There could, however, be only one winner and of this occasion it was Lourdes House that were victorious! Followed by Carmel House and Loreto House. Thank you to all the students involved in the event it was a fantastic event!

Transition from Secondary School to College

Recently our Year 10 students had their introductory visit to Guilford Young College to hear about the enrolment and counselling process and senior secondary life at GYC.

This is an important time for Year 10 students to focus on the direction of their future education. The step from Year 10 to 11 is a significant one in the life of any student and in the coming months there are several opportunities to make this transition as smooth as possible. Secondary Learning Conferences, Pathways Expo, Guest Speakers and Information Sessions all provide opportunities for students to discuss with adults the choices they are making. I encourage all parents to attend the Information Sessions and continue supporting their daughters with their future pathways. Further information is provided by clicking on the following links.

Year 10 Staying Safe Forum

The purpose of the evening is to provide some information and create discussion on the following topics:

- Cyber Safety
- Illicit Drugs
- Alcohol/Binge Drinking
- Road Safety

Year 10 Parents and Carers are invited to attend the 2018 Staying Safe Forum to be conducted in the Cahill Centre on **Thursday 21 June from 7.00pm to 8.45pm.**

This is a compulsory event for all Year 10 students and contributes to their Health assessment. It also provides a fantastic opportunity to prompt discussion between you and your daughter, receive some relevant information from a panel of guests and allow you to ask questions.

Drop off and pick up times

A reminder to parents that the drop off time for all students is 8.20am. Child care is provided at the College for any students who require care prior to this time. For Primary students the pick-up time is 3.05pm with duty provided in the playground until the bell is rung at 3.20pm. School concludes at 3.20pm for all Secondary students.

Parent Contact Details and Student Health Information

If you have recently changed any of your contact details or if there is information about your child's health that we need to be aware of (e.g. allergies), please inform the College Office so that our records can be updated.

Lyndal Tewes
Deputy Principal



From the Director of Primary

“Speaking and Listening is central to the lives of all people. It is the means through which we communicate feelings, thoughts and experiences. It is also an integral part of think and learning” (First Steps).

This afternoon, Mount Carmel College is hosting the next round of the debating roster involving Year 5 and 6 students from a number of schools and colleges. The topic for the debate is, “That insects as a sustainable food source should completely replace beef in the western diet.”

I would like to take this opportunity to thank Mrs Sharon Himson for co-ordinating the debating teams and the Class Teachers who support the students in preparation for each debate. The ability to stand up and confidently argue a case is highly commendable, often in front of a room full of people. Not only does it require courage to do so but teamwork, collaboration and co-operation as debating is a team event.

Last week the Year 3 and 4 students presented an array of wonderful learning opportunities at the Primary assembly. Every week students participate in Speaking and Listening rosters across the Primary School and at present, students across Years 4, 5 and 6 are preparing oral presentations on a range of topics.

Teaching students to become effective speakers is of paramount importance and it is wonderful to note the meaningful opportunities for students to talk for a range of purposes. This includes the concept of talk as a process where students, for example, may be engaged in collaborative problem solving, joint text constructions, class discussions, individual writing conferences, brainstorming and listing, giving directions and instructions. Talk as a performance refers to more formal activities like presenting the morning news, debating, dramatic presentations and oral presentations.

Nine important reasons why a closer look at classroom talk is so important are:

1. Talk can reveal understanding and misunderstandings.

2. Talk that pushes students to put thoughts into words assists them to clarify thinking
3. Talk can build confidence
4. Talk engaging students in more substantive classroom discussions lifts intellectual dialogue
5. Talk supports robust learning by boosting memory.
6. Talk promotes deeper reasoning and critical literacies.
7. Talk scaffolds language development
8. Talk nourishes the development of social skills
9. Talk is the moment where the curriculum meets the students.

Furthermore, one should not underestimate the importance of listening. In fact, it is estimated that adults spend almost half their communication time listening and students may receive as much as 90% of their in-school information through listening to instructors or to one another. Not unsurprisingly, the listening process is a complex one involving the processing of messages not to mention consideration of vocabulary choices, structure and rate of delivery.

What does this mean for us as teachers and parents?



It is essential that we help students become effective listeners by modelling listening strategies and providing listening practice in authentic situations. Students need to be aware of the different kinds of listening, the different purpose of listening, the qualities of good listeners and the stages of the listening process.

Given the major role that speaking and listening plays inside and outside of the

school, oral language cannot be left to chance. It must be carefully planned for and explicitly taught.

Kiss and Drop

Mount Carmel College | We nurture. We challenge. We care.

Thank you for following the Kiss & Drop rules to keep our students safe

- **Left turn ONLY to exit**
- **Please DO NOT turn right to exit**
- **Entry to Kiss & Drop via Earl St only**
- **No right turn from Quorn St, via Nelson Rd**
- **Max stop time 1 - 2 minutes**

The Kiss and Drop zone in Quorn Street is used by a number of families across the College. It allows parents and carers to drop off or pick up students safely and efficiently.

We ask that when stopping to drop off or pick up children, you do so for a maximum of 2 minutes. You are required to remain in your vehicle which must stay on the designated driveway at all times.

The Kiss and Drop zone is supervised daily by staff from 8:20am to 8:40am and 3:05pm to 3:30pm. Staff are present to assist in the management and safety of the students. If your child has not been collected by 3:30pm they will be required to wait at the College Office.

Caroline Wilson-Haffenden
Director of Primary



Identity and Mission

Pentecost

We all have those moments; the times when we feel something within ourselves that exudes confidence, strength and the ability to make things happen. Then there are the places we go, mainly quiet, reflective places, where we feel that despite being all alone, we are in the presence of something far greater. We use the word "spirit" to describe these feelings, to try to contextualise that sense that is often too hard to describe, but that you know is there. Catholics use the term "Holy Spirit", the presence of a person unseen who guides us and gives us strength and wisdom to proclaim the word of God. Most of you would be familiar with the term, as it constitutes one third of the Trinity and we say it every time we do the Sign of the Cross.

This Sunday, the Church celebrates the Feast of Pentecost, when the Holy Spirit descended upon the disciples of Jesus and allowed them to go out and preach the Good News. It is the birthday of the Christian Church and a reminder to us that we too have the power to live the message of Christ through our words and actions. Our school identity is based on the Catholic values established by Jesus and communicated widely by the disciples who were filled with the Holy Spirit. We seek to live out these values in all that we do.

Mission Happenings

The Warrane Breakfast program is up and running again this year. A committed group of Year 10 students have been heading over each Thursday morning to mentor the Grade 5/6 girls from Warrane Primary. They have been fortunate to have the world's greatest toast maker on duty most times, and it is hoped that both them and the Warrane students get a lot out of the program.

The Vinnies Winter Appeal is firing up again and we are looking for donations of warm winter clothes and toiletries from the Secondary School students, and new warm socks from the Primary students. These can be brought into school from now until the end of term.



A group of students have spent the last couple of Friday afternoons entertaining students from Sacred Heart Geeveston who were affected by the bushfires in the Huon Valley earlier this year. The students are in a program run by Edmund Rice Camps and we all too happy to help host these events in the Cahill Centre. Games and pizza were the order of the day, and it was great to see plenty of smiles and fun in the room.

Anthony Chapman
Director of Mission and Identity



Positive Education

Wellbeing Survey

On Thursday 20 June, all students from Years 5 – 10 will participate in the Wellbeing Survey conducted by Melbourne University. The data provided by our students will allow us as a College to explore what excites them, what worries they may have and what they believe are possible ways that we can best support their mental health and enable them to be the very best they can be.

As in previous years we will provide all students with the online tool on the morning of the survey, with all responses garnered completely confidential. As parents you will receive the information via EdSmart, asking for your permission for your daughter to participate. If you do not indicate YES then they will not be able to participate in the survey. It would be terrific if we were able to get all students 'on board' with this survey so we can get a clear and accurate picture.

If you have any concerns or questions, please do not hesitate to contact me at the College

Melanie Sluyters

Director of Positive Education



Curriculum News

Partnerships

This year we are in partnership with the University of Tasmania, Engineering Department and their Engineering students are working with 20 of our year 6 students each week on STEM. This is the second year we have joined forces with the Department. It is a wonderful opportunity for our students. Each week they have a problem to solve using specific methodology. Last week they designed wind turbines. The sessions will run for ten weeks.

Congratulations

Congratulations to Scarlett Sassin who won second prize in a National Poetry competition.

Gifted Education, Enrichment and Extension

This week Jenny Noble, from the Catholic Education Office came in and took a professional development session with our Years 7 and 8 staff.

We are always looking to up-skill our staff and this was a wonderful opportunity for us to listen to theories and new ideas, and then to have some time to work in our teaching



teams on practical ways to provide extension.

Jenny will also run a similar professional development session with our Years 9 and 10 staff members.

2020 Electives

Our on-line portal opened on Monday afternoon and students in Years 8 and 9 are reminded to make their five selections; 1-5; with 1

being their first preference.

If you are unsure of what to choose, please see a Head of Department or call in to my office (SB24) and I am happy to talk you through all of the options. Parents and guardians if you have a question about options, please contact me by phone, or email me at the College.

You can download a copy of the Curriculum Handbook here:

Kim Schade
Director of Teaching and Learning



From the Curriculum Leaders

A Curriculum Snapshot

On Friday 24 May, Year 9 students had the pleasure of witnessing a Shakespeare influenced performance, produced by the Bell Shakespeare group. A three person show that delivered not only a gripping plot, but great educational and literal benefit.

Displaying what a true performance looks like, the cast pulled on their character's essence of being, to release a story, inviting the audience to consider why Shakespeare characters acted a certain way. Dissecting the language and text, it was explained to the audience just how important words are. From their mallow meaning to conflicting ideas, to sinking emotion, each word, each line,

each phrase was etched with purpose and qualification and this was made evident to our Mount Carmel girls.

Lines littered with description and purpose, demonstrated the valuable language devices Shakespeare used. Through watching not only the performance but the engagement of the students, it was clear they got more from the play than simply a couple periods off class. Such an educational yet enjoyable performance was one that won't be forgotten any time soon.

The learning didn't end with the performers' concluding lines, however. After the show, the cast were welcoming of questions and put curious minds to rest. They shared not only their performance, but their story, advice and experience. Bringing in relative topics, the cast reached out not only from an English perspective,

but a drama and acting one. Also present in the audience were members of the drama class, whom are currently working on this year's production, *The Dream*, a Shakespeare influenced play.

They proposed the concept of a career following passion. A 'safe career' can be overrated and it's the passion that makes a job enjoyable, not the career itself. A majority of students walked away with a fulfilling feeling of satisfaction and a greater respect for Shakespeare and his work. Inspiring this years Year 9 students was something that came fluently to the cast and helped develop their English understanding on words, lines and phrases along with their power.

Whilst poetry certainly captured the interest of the older students, many of the Primary classes enjoyed a series of STEM challenges with a feline focus. The program, facilitated by staff from Ten Lives, seeks to foster responsible cat ownership with the aim to create social change in how people care for cats and protect wildlife.

Three major areas were addressed - desexing, microchipping and containment. The Ten Lives Team delivered an Ed.Cat incursion program for students from Kinder to Year 5.

The program included a diverse range of STEM challenges including creating dioramas showing the objects that cater for the needs and wants of a pet cat; constructing models of a cat using materials that reflect the function of its body parts; designing a cat containment playground; and using reused materials to design and construct a toys for cats.

The Year 2 students also even enjoyed the opportunity to have a behind the scenes tour of Ten Lives with many kindly donating cans of cat food and other feline accessories. From all accounts, the experience was thoroughly enjoyed and simply purrfect!

Rose Goward and Sarah Wilson-Haffenden
Curriculum Leaders



Year 6 Earthquakes

In Year Six we were working on seismic events, which are earthquakes and tsunamis. We finished our whole unit off with a huge earthquake tower challenge!

We had a day and a half to build a two-storey tower out of paper straws, paperclips, pins and 2 metres of string in groups. We also had to meet measurement requirements. We got to journal it any way we wanted, so some groups typed theirs up like a diary whilst other groups chose to record a time-lapse of them building their structures. We were graded by a point system, and the most points you could get was 75.

First we had to draw a plan and picture the structure in our imaginations. Since the two storeys had to be at least 18cm, we measured the straws and saw how long they are. They were exactly 18cm, which was very convenient for us. Then we had to get our plan approved by the "planning approval committee" (Mr Weirenga or Mrs Judd). For a twist, each group had five tokens (which were individually worth 5 points),

and we could trade them with a teacher to get either more materials or one minute help from a teacher. Then we started the long process of building our tower. When we finished building, we had to put our building on an earthquake simulator, immediately there were 10 points on offer if our building could stand by itself and meet the measurement requirements. If a building could hold a juice box it would get some points. If it survived a mild earthquake (with the juice box still on it) we would get points as well. If our structure was still standing, we would try a major earthquake. Only one tower was left standing after that!

Even though planning and building the structure was hard, we all pulled through and got our buildings ready for the big day. We all had so much fun, and we really recommend it to the current Year 5 students.

Aaliyah Onwuegbuzie
Year 6 White



Headline Act

Dance & Drama Showcase

Last Wednesday night we held our Semester One Dance & Drama Showcase here at the College. With Dance and Drama being taught intensively over one semester, rather than spread out over a whole school year, this was the perfect chance for the students to showcase a piece for their families and friends. What a great night it was!

We saw teamwork, coordination and some fantastic technique in each of the Year 7 and 8 dance routines. There was skilled storytelling and much hilarity in the Year 7 Tableaux and Movement Pieces from Drama. We were also privileged to witness solo, duo and small group routines from Maggie Campbell, Kate Johnson, Ila Usuga, Gabby Philpott and the MCC Dance Troupe.

Congratulations to all of the students for their hours of rehearsing and outstanding performances on the night. Mr Rob Owens and Ms Phoebe Wootton outdid themselves, once again, in guiding our students through the creation, rehearsal and performance process, managing a large number of students whilst paying great attention to the needs of individuals throughout. Well done to all.

Intro Orchestra

The Mount Carmel College Intro Orchestra has begun rehearsing for the year! This group is directed by Ms Emily Rieper, our clarinet and saxophone tutor, and from all reports

the first sessions have been good fun and lots of great music is being made.

This is a group for students in Years 5-8 who have made a start on a woodwind or brass instrument and would like to play once a week in a supportive and fun environment with other students. Students from other year levels or instrument types may join if they are learning their instrument with an Instrumental Music Tutor who supports their involvement.

Year Seven students who began on a Wind or Brass instrument in Music during Term are particularly encouraged to join this group as a way to further their skills on their chosen instrument

The focus of the group will be instrumental skill development, ensemble playing and musicianship. Performance will not be one of the goals of this ensemble, however, the group may choose to perform a piece or two at the Arts Festival in Term Three.

Through involvement in the Intro Orchestra, students may improve to a standard where they can move up and join the College Orchestra.

Rehearsals are Wednesdays from 3:30-4:30. Any students who would like to join, but have missed the first few sessions, can collect a permission note from the College Office so that it can be returned in time for the next rehearsal on Wednesday.

Dave McNamara
Head of The Arts



College Sport

Secondary Interschool Cross Country

On Thursday last week, our Secondary Cross Country Team headed to Pontville, to race against the other independent schools in the SSATIS event. The new course provided some great challenges and the athletes did a fantastic job.

The highlights included:

- Maddison Brooks, winning the U15 girls race.
- U16s for finishing 3rd in the pennant, with Anja 7th, Bronte 9th, Annabelle 10th and Ava 13th.
- A fabulous job from our other top finishers – Taylor 3rd in U15, Avalon 3rd and Coco 13th in U13 and Cecilia 18th in U14.
- Overall Mount Carmel finished 5th in the Girls Junior Shield, which was a great effort considering our small team.

Congratulations to the following students who competed:

U13s	U14s	U15s	U16s
Courtney Davis	Olivia Nichols	Maddison Brooks	Anja Bobrowski

Cecilia	Taylor	Bronte
Coco Erin Bowman-Shaw	Brooks	Gadon
Avalon Forbes	Kate Johnston	Josephine Braid
Matilda Brumby	Sophia Di Venuto	Zoe Volant
Claudia Pollard	Hayley Davis	Ava Faint
Heidi Preshaw	Maya Chapman	Claudia Al-Hassan
	Ila Usuga	Maisy Sansom
	Annabelle Paul	
	Jasmine Excell	

Field Day

Last week the Field Day winners were announced. Congratulations to Loreto House, who took out the Cup with 1713 points, followed by Carmel House with 1665 points and Lourdes House with 1590 points. The top field activities contributed valuable points to this result, with year



group winners as follows:

- Year 5: Loreto
- Year 6: Lourdes
- Year 7: Carmel
- Year 8: Loreto
- Year 9: Loreto
- Year 10: Lourdes

Primary Interschool

Cross Country

The Primary Cross Country team is off to the STCPSSA (Catholic Schools) event on Friday 7 June and the JSSATIS event on Thursday 13 June, both at the Rokeby Police Academy. From results at Field Day, the team includes the following students and we wish them all good luck.

Year 3	Year 4	Year 5	Year 6
Riley Bain	Ivy Bresnehan	Jenny Bangu-Ujang	Elsie Batchelor
Lily Batchelor	Antonette Conrades	Sofia Bowman-Shaw	Emily Browne
Lily Cherry	Stella Cranefield	Tamika Field	Ava Grierson
Grace Dixon	Matilda Forrest	Isabella Heroys	Olivia Jones
Jemima Geappen	Miranda Gillie	Elizabeth Ims	Ursula Nation
Sophie Jones	Lola Helmers	Maddie Linnell	Isabella Quin
Aven King	Ruby Kaye	Charlotte Lowe	Kayla Round
Sadie Quayle	Matilda Keeling	Isabella Copeland	Bailey Van Den Broek

Gymnastics Achievement



Year 6 student, Bethany Harvey, recently competed in the Tasmanian gymnastics championships and won four State titles, including Youth International individual trampoline; National Level 5 individual trampoline; National

level 5 double mini and National level 5

synchronized trampoline. Bethany also competes in Rhythmic gymnastics and at the last competition won the Seymour Award for Most Improved. This award is presented to just one gymnast from the entire season. Congratulations on your fantastic achievements Bethany.

Hockey Representation

Congratulations to the Maddison Brooks, Taylor Brooks and Felicity Wilson-Haffenden who have all been selected in the Tasmanian U16 Hockey Team to compete at the School Sports Australia Championships to be held in Newcastle from 4 – 10 August. The team will also be coached by Maddison and Taylor's Mum, Susan Brooks.

Volleyball Finalists



The Tasmania School Indoor Volleyball Competition has now drawn to a close, with the Year 9/10 team playing off in the grand

final last week. The first set was nail-biting (26-24)! They finished as runners-up and should be very proud of themselves. Many thanks to Tamila Smith who coached the team.

"Their skills have really improved over the course of the season. I was particularly impressed with how much they supported and encouraged each other. They were excellent representatives of MCC!" Tamila said after the final.



The Year 7/8 team had a fun time in their first season together. With only one student having played before, it took the players a few games to

understand the rules, as well as learning to serve and return at the net. In their last roster game, they started to gel, beating the top team two sets to one. Last Monday night the girls played Ogilvie High School in a playoff for fifth spot, and won convincingly three sets to nil. Thank you to Maria Gerathy for the Coaching the team and to the parents that supported the team each week. The team is looking forward to returning next season.

Water Polo

The Schools Water Polo competition is up and running on a Friday evening. The College just has a Year 7/8 team competing, which consists of many Year 7 newcomers to water polo and some more experienced Year 8 students, so are hoping for improvement as the season progresses. So far the team is sitting in fourth place on the ladder, with wins against Taroon 10 – 4, Mackillop 18 – 2, a draw against St Mary's 7 – 7, and a close loss to Friends Blue 8 – 9. Charlotte Webb and Maya Chapman are dominating the scoring with 22 and 15 goals respectively. Good luck for the remainder of the season.

Thanks to all the support from families particularly with transport to trainings and games, and scoring and special thanks to Coach, Year 10 student, Dayna White and Manager, Teena Mills.

Term 3 Sports

Term 3 Sport Sign up is now open online. Some of our winter sport continues into Term 3, so there's just a small offering, but it would be great to see a large number of sign-ups:

Primary

JSSATIS Basketball	Year 3/4 and 5/6	Thursdays 4pm - 6pm, 8 August to 26 September
Hockey	Year 3/4 (Quarter Turf)	Fridays 4.15pm, 9 August to 13 September
	Year 5/6 (Quarter Turf)	Wednesday 4.15pm, 7 August to 11 September

Secondary

SSATIS Basketball	Year 7 & 8	Wednesdays 4.15pm or 5pm, 7 August to 30 October
Hockey	Year 9 & 10 Div 3 (Year 7/8)	Mondays 4.15pm or 5pm, 19 August to 4 November Thursdays 4.15pm, 1 August to 19 September
Rowing (Year 6 +)	In conjunction with Sandy Bay Rowing Club	Preseason training usually starts August, commencing with midweek gym and Saturday morning rowing. Season includes morning trainings and weekend rowing.
Aussie Rules	Year 8 - 10	Tuesdays 4.15pm, 6 August to 24 September Sign up was in Term 2. Please contact Ms Stuart to join.

To sign up for any of these teams, and register your interest to Coach, Manager or Umpire please visit: mountcarmel.tas.edu.au/sport-activity-sign-up/.

Playing representative sport at Mount Carmel College is important. It enables students to participate in a sport they love, promote skills to enhance their development and show the wider community how proud they are of the College. Everyone involved in Sport at the College is asked to adhere to the [Code Of Conduct In Sport](#)

Nikki Stuart
Sports Coordinator



Learning for Life

Our Learning For Life program runs Tuesday mornings between 9.30am and 10.45am in our Kindergarten building and is a no cost program facilitated by our Early Years Specialists.

It is a fun and engaging play-based program designed for boys and girls aged birth to 5 years.

Our next Learning for Life session will be on Tuesday 18 June, commencing at 9.30am.

The program is designed to offer parents practical support and insight into play-based learning, to build connections between families and young children and to support each child to begin their individual learning journey. The program is filled with play-based learning experiences, exploration and storytelling. The weekly sessions include gross motor, fine motor, sensory, imaginative experiences, as well as activities including song and dance, story-time, art, craft, drama and movement, outdoor play, bikes, ball games, themed sessions and water play activities.

Parents/carers are required to supervise their children at all times. Please bring a water bottle, a piece of fruit and a snack and wear comfortable clothing. For easy parking we recommend the Wrest Point Casino car park. To register, please complete the [Learning For Life Registration](#) or contact the College Office on 6216 7900.



College Notices

Vacation Care - July School Holidays

Attached below is our Vacation Care Program for the July school holidays.

To confirm your Vacation Care bookings, please ensure that your booking form is returned to the College Office by Friday 21 June. To ensure adequate staffing of our program, bookings must be made. Please note that we may not be able to accommodate children who arrive at Vacation Care without a booking in place.

We Are World Challenge

Parent Information Evening - Wednesday 12 June - 6pm - 7pm

The Alliance of Girls Schools is proud to partner with World Challenge to bring you the second Alliance Tasmania link expedition, this time to Vietnam!

Join us for a parent information evening to find out more about the destination, itinerary and expedition leaders.

For more information, visit: weareworldchallenge.com/australia/agsvietnam/

Other Notices



Upcoming Dates

June 2019

- Tuesday 11: Mass at Holy Spirit for Prep & Year 6 White
- Tuesday 11 - Friday 14: Languages and Cultural Diversity Week
- Wednesday 12: Year 10 GYC Pathways Expo - Glenorchy Campus
- Thursday 13: JSSATIS Cross Country
- Tuesday 18: Mass at Holy Spirit for Years 2 and 5
- Thursday 10: Year 10 Staying Safe Forum
- Monday 24: Primary Assembly, Cahill Centre - 10.00am

Learning for Life

There will be **no** Learning for Life on Tuesday 11 June and will recommence on Tuesday 18 June.

Our Learning For Life program runs every Tuesday between 9.30am and 10.45am in our Kindergarten building and is a no cost program facilitated by our Early Years Specialists. It is a fun and engaging play-based program designed for boys and girls aged birth to 5 year.

If you, or someone you know, are looking for something to do with your pre-Kinder aged child, why not join in the fun of Learning for Life this Tuesday?

For more information, visit: mountcarmel.tas.edu.au/early-years-learning-program