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01 August 2019

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Mount Carmel College

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A Word from the Principal

Welcome to Semester Two

A special warm welcome to our new students and new families. I am sure the community will make you feel welcome.

Others!

Over the last few weeks the theme of “others” continues to come up. In Fr Anthony’s Gospel reflection on Mount Carmel Day, he mentioned that whilst the Gospels told us the story of Jesus, they were most importantly focussed on Jesus’ interactions with others. Fr Anthony made the poignant statement that others gave us our first bath when we enter the world, but also our last bath when we leave this world. Others are important, life as we know it would be meaningless if not for our interactions with others. The Gospels and the story of Jesus highlights that all interactions with those around us – others, need to be based on love. The qualities of love shine through actions of forgiveness, kindness, compassion and empathy. We use actions of welcome, hospitality and justice when we open our College community to new students and their families, new staff and visitors. Mount Carmel College proudly models the love of Jesus through our daily interactions.

On the student free Monday, staff from the College took up the challenge to participate with a number of Volunteer agencies. We worked alongside the Foodbank, Vinnies, Landcare, Guilford Young Grove, St Francis Flexible Learning Centre, and Bethlehem House. Each agency does something different, but each is focussed outwardly on others. This brief insight into the work these volunteer agencies do also enabled staff to walk in our student’s footsteps. Both in Year 8

and in Year 10 community service is a part of our learning experiences. This outreach (reaching a hand out to those on the margins of society) reminds us of the important work and message of the Gospel.

The message we are left with in the Gospel is that we are unconditionally loved – loved as we are. Each of us is made in the image and likeness of God and we have value. Focussing outwardly – on others – brings peace and kindness to all that we touch in this world. Reach out to others, open yourself to the gifts others bring and celebrate what we all share in common – our humanity.

Thought of the Week

“The greatest disease in the West today is not TB or leprosy; it is being unwanted, unloved, and uncared for. We can cure physical diseases with medicine, but the only cure for loneliness, despair, and hopelessness is love. There are many in the world who are dying for a piece of bread but there are many more dying for a little love.”

Mother Teresa, [A Simple Path: Mother Teresa](#)

Staffing News

As the College begins to plan for 2020 I would like the community to know that Angela Green has submitted her resignation. Angela has been with the community for 14 years and is an amazing educator. She has inspired many students and will be greatly missed. We wish Angela blessings for the future and hope that the re invigorated life balance brings her much joy and happiness.

This week we also farewell Melinda Levy from her role as Teacher Librarian. Melinda is taking up a position in the Indie school working with students who are disengaged from education. Melinda’s strength of building strong relationships will be a gift to those in her new role. We wish her all the best with this inspirational change. Scott Young will temporarily cover this position until the College is able to employ a replacement.

Mrs Fiona Nolan
Principal



From the Deputy Principal

Uniform Committee Update

The Uniform Committee has investigated in-depth options for the College uniform and as many parents/carers would be aware we have now transitioned to the revised winter uniform and a modified style/fabric for the summer uniform. However, this group has not disbanded and the Committee has still been discussing issues raised by students. Students within the Secondary College in particular, have provided feedback to the Committee that both the current formal winter and summer uniform restricts their involvement in physical activities and reinforces gender stereotyping.

The College Uniform Committee has therefore decided to offer an alternative formal uniform for students in Years 2 - 10, giving them the OPTION to wear trousers with the College shirt. We reaffirm that this is an option for students, and they may choose to continue wearing a dress and winter skirt. Additionally, this brings Mount Carmel in line with legislative requirements in providing options, for the choice of non-gender specific items. Social expectations have changed since the 1950's, and female nurses, teachers and police officers all have choices in their uniform options as dresses or skirts are seen largely as impractical. We want it to be the students' choice.

Trousers are therefore, considered part of the formal uniform, representing an alternative for those students wishing to purchase them. The trousers are now available for purchase at the College Uniform Shop, through special order so that we can gauge popularity and uptake. The cost on the trousers will be \$50 and will take approximately 2 weeks for delivery.

It is also important to note that from the beginning of 2020, the navy protective apron (pinnie) will no longer be part of the Primary uniform and art smocks will be used for art-based activities. There has been a substantial increase in the production cost of the pinnies which the College feels may make it cost-prohibitive for families.

Sun Hats

From Monday 2 September, all students will be required to wear a hat at recess and lunchtime and for all other outdoor activities.

In order for our College to be “Sun Smart”, the preferred style of hats for sun protection is the College bucket hat, which can be purchased from the College Uniform Shop. This is available in a reversible style with house colours inside and plain navy on the outside, in a range of sizes and at a cost of \$15.

For the remainder of 2019, the College cap will also be permitted to be worn, however the cap is being phased out for general use. From Term 1, 2020 the cap will only be permitted for approved sporting activities and not for general outdoor use. Notwithstanding the phasing out period, students who currently have a College cap are strongly encouraged to wear either the bucket hat or boater as these ‘sun safe’ hats protect the face, neck and ears when outside. Students without a hat will be required to remain in the shade.

A new College Sun Protection Policy will soon be finalised and will be available for families on the College website. The recommendation from the Cancer Council of Tasmania is that sun protection measures in Tasmanian schools should be implemented from the beginning of September until the end of the school year and then from the beginning of the school year until the end of April.

Celebration Evening

Our 2019 College Celebration Evening will take place on the evening of Tuesday, 10 December at Wrest Point Convention Centre. Students will be commencing choir and dance rehearsals later this term and the night promises to be a wonderful celebration of our College year and a fitting way to farewell our Year 10 students onto their senior secondary education.

Attendance at the Mount Carmel Celebration Evening is compulsory for all students in Years 4 – 10. If there are exceptional circumstances that will prevent a student from attending Celebration Evening, please indicate this in writing to Mrs Fiona Nolan.

Students Leaving School Due to Illness

As the year unfolds, the number of students reporting to the College sick-bay during the day has increased and it seems timely to remind parents and students of the procedures to be followed in the event of students needing to leave the College during the day because they are unwell.

Students must let a teacher know if they are unwell and they will be given permission via a note in their Communication Log, to report to the College Office. From there, if parents need to be contacted to collect students from school, Administration staff will make contact with parents/carers and arrange for students to be supervised in the College sick bay until they arrive.

Students are not to use their mobile phone to contact parents to collect them from school and we would very much appreciate it if parents could insist that students follow the correct procedure. Circumventing communication with teachers and Administration staff by contacting parents directly can leave College staff unaware that a student is unwell and cause confusion when parents arrive to collect a student who is still in class.

Mrs Lyndal Tewes
Deputy Principal



From the Director of Primary

Welcome

I would like to warmly welcome Astrid Birley and Siska Hurd who have joined the College this term, and we welcome back Helen Richards after her long service leave last term.

The term has certainly commenced with great enthusiasm with Terrapin Puppet Theatre's performance of Egg last week, presentations from Science students from the University and various class excursions. Furthermore, the recent Learning Conferences allowed teachers, parents and students to discuss academic progress and to establish learning goals for the coming months.

Book Week Dress-Up and Assembly

Save the Date - Friday 23 August



This year the theme for Book Week is *Reading is My Secret Power*. Students are invited to dress-up as their favourite character for the Book Week Parade which will be held on Friday 23 August. Throughout the week, the Year 10 Curriculum Leaders, in conjunction with the Primary Leaders, will host a variety of activities to encourage the students to

consider the secret powers gained by reading: the power to walk in the shoes of others through their stories; the power to escape into other worlds; the power to expand one's vocabulary and imagination and much more.

Focus of the Fortnight

The newly appointed Years 5 and 6 Leaders will continue to provide a fortnightly challenge to the primary students. In doing so, the first challenge for the semester will be about how welcoming we are at the start of each school day. By posing a series of questions:

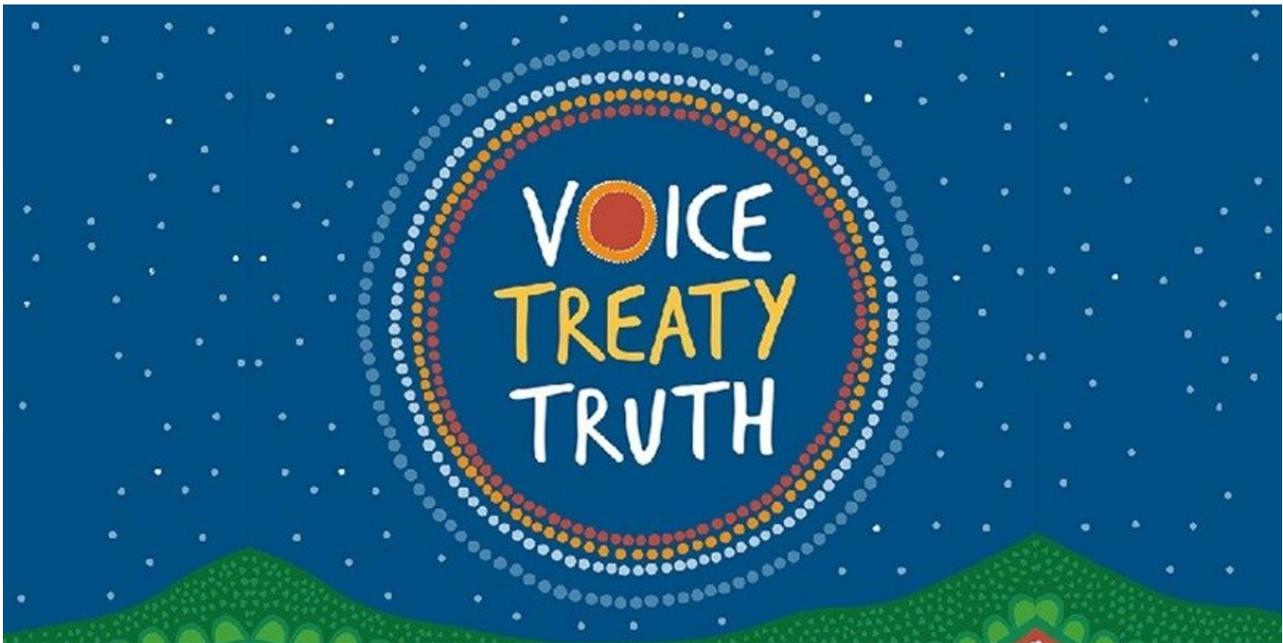
- "Do I say G'day to people at school in the morning?"
- "How many people did I speak to this morning?"
- "Can I go outside my friendship group today?"

The Leaders are encouraging us to be welcoming and inclusive of all. A smile or a pleasant "G'day" goes a long way in making others feel connected and at ease.

Prep to Year 6 Assembly

Finally, due to the preparations for the College production next week, the Primary Assembly that was scheduled for next Monday will now take place in Week 4, Monday August 12.

Mrs Caroline Wilson-Haffenden
Director of Primary



Identity and Mission

NAIDOC Week

NAIDOC (National Aboriginal and Islanders Day Observance Committee) Week is an Australian observance lasting from the first Sunday in July until the following Sunday. NAIDOC Week celebrates the history, culture and achievements of Aboriginal and Torres Strait Islander peoples. As this fell in the first week of the holidays we were unable to commemorate this important week so, on Monday, Year 4 led us in prayer where we acknowledged Aboriginal people throughout Australia and the spiritual and cultural contributions they make to the life of the church.

This year's theme is Voice, Treaty, Truth. This theme invites us to walk for a better future. The indigenous voice of this country is over 65,000 plus years old. They are the first words spoken on this continent. Languages that passed down lore, culture, and knowledge for over millennia. They are precious to our nation. It's that Indigenous voice that include know-how, practices, skills and innovations - found in a wide variety of contexts, such as agricultural, scientific, technical, ecological and medicinal fields, as well as biodiversity-related knowledge.

They are words connecting us to country, an understanding of country and of a people who are the oldest continuing culture on the planet.

Prayer for Reconciliation

*In the midst of conflict and division,
We know it is you who turns our minds
to thoughts of peace.*

*Your spirit changes hearts:
Enemies begin to speak to one
another,*

*Those who were estranged join hands
in friendship,*

*And nations seek the way of peace
together.*

*Let your spirit be at work in us.
Give us understanding and put an end
to strife,*

*Fill us with your mercy and overcome
our denial.*

*Grant us wisdom and teach us to learn
from the people of the land.*

Call us to justice.

*We make these and all our prayers
through Christ our Lord....*

AMEN

Community Service for Staff



Last Monday all the Mount Carmel College staff participated in a half day community service and what a wonderful

experience it was. The Sisters of Charity, the founders of our College worked tirelessly to help those in need with a spirit of love and compassion and so the staff felt that in spending time assisting with organisations that help the marginalised was an attempt to reconnect with the heritage of our College. Our students throughout the year in their work as Mission Sisters assist in helping those who are on the margins so as a Catholic community who aims to be of service to others, the community service day for staff aimed to unite staff and students in carrying on the mission of the Sisters of Charity and living out Gospel values.

May the Sisters of Charity motto ***The Love of Christ Urges Us On*** resonate and inspire us to reach out to others in our everyday life.

Miss Ida Saracino
Director of Mission (Primary)



Curriculum News

Welcome to Semester Two

Where has the year gone?

It is already the beginning of Semester Two. I hope that you all had the opportunity to spend some quality time together and also to have a well-earned rest. Hopefully we have all had the opportunity to get well and put the second term colds behind us.

We are in the middle of our Learning Conferences which is a time for us to re-look at goals and to have face-to-face conversations about how we can work together to continue to provide support for your daughter/s in order to ensure that each one reaches their full potential.

It is also a great opportunity to get to know each other a little better. Please keep in contact with your daughter's teachers during the term and if you have a query about anything in any class; please make contact with the

teacher directly. If the issue relates to curriculum, the actual class teacher is the first point of call. Often, email is the most efficient way to make contact, as we are in class during the day and it is difficult to return a phone call. If you require further clarification about an issue or have a further question, please make contact with the relevant Head of Department. If you wish further clarification, please make direct contact with me. It is often best to ask a question early; as this can alleviate concerns quickly.

A Term of Engagement and Challenge

Our Year 6 students are working in an intensive STEM programme with Engineering and Science students from the University and have been given the following challenge:



Congratulations chemists, your team has been selected by Space X to develop a fuel to power their new rocket engine.

The fuel will be used to launch an interplanetary shuttle to Mars carrying important supplies for the colonists on the surface. You will need to carry out a number of experiments to develop a fuel that is capable of launching the shuttle. As is the case with any scientific experiment or investigation, it is very important to keep a record of all of the steps, decisions and observations you make during the development of your rocket fuel. Space X will not agree to trial your fuel unless your records are accurate and up to date. Good luck!

The results: absolute engagement.

Mrs Kim Schade
Director of Teaching and Learning



A Curriculum Snapshot

There is a great deal to look forward on the curriculum front in the coming weeks. There are many events that have been planned:

- Science & Technology Week – lunch time activities including making slime, bubbles, coke volcanoes, lava lamps and invisible message.
- Book Week – with an opportunity for students to dress up as their favourite character for the Book Week Parade on Friday 23 August. Clans will be invited to decorate their doors and students may take up the invitations to enjoy Harry Potter potions.
- ICAS Competitions
- Tournament of Minds for the upper primary and secondary students.

Rose Goward and Sarah Wilson-Haffenden
Curriculum Leaders



Positive Education

'Anxious Kids' Seminar

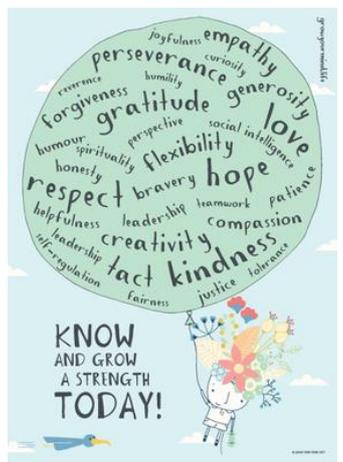
There has been a significant rise in the amount of children presenting to doctors and other clinicians with increased anxiety in recent times. As a parent and/or educators we are often at a loss to know what to do and who to turn to.

On Monday, 5th August highly respected wellbeing experts, Mr Michael Grose and Dr Jodi Richardson, who herself suffers from anxiety, will be presenting a seminar on 'Anxious Kids' at Hellenic House at 7:00pm. Tickets can be purchased through www.parentingideas.com.au.

Dr Richardson is a skilled author, presenter and mother of two primary aged children who has dedicated her time in research to look at ways in which a child who has anxiety can function and as parents and educators what you can do.

Our anxiety does not come from thinking about the future, but from wanting to control it. Anon

Grow Your Mind



Over the holidays two new signs were erected, one near the entrance to the Years 4 and 5 classrooms and the

other in the undercroft in the secondary area.

Already both signs are opening up the discussion on 'What branch do I sit on?' or 'What strength will I grow today?' Thanks to the staff at Grow Your Mind in Sydney who assisted in the process by supplying the images. For further information on the parent resources they offer please go to <https://www.growyourmind.life/>

SchoolTV

Just a reminder that SchoolTV is easily accessible for all parents at the College by going to the College website and pressing on the Parent Tab. This month there is a focus on Positive Parenting.

Miss Melanie Sluyters
Director of Positive Education



Headline Act

The Dream - only one week to go!

- **Thursday 8, Friday 9 and Saturday 10 August - 7.00pm**

Mount Carmel College is buzzing with excitement for the upcoming drama production of, *The Dream*, which is derived from Shakespeare's original play *A Midsummer Night's Dream*, and adapted by our drama teacher, Rob Owens.

Not only does *The Dream* involve the Year 9/10 Drama students, it also involves the two music classes, who are creating the spectacular soundtrack. The Year 9/10 Digital Design class are working alongside the cast, organising the lights and extra technology aspects. Some of the Year 7 students are playing little fairies, one of our wonderful Year 10 students has created our beautiful promotional poster which you will see scattered about Hobart and we also have students lined up to work the light board and spotlight. Make no mistake, this production is going to be a magical experience and will not be one to miss.

Tickets are on sale now via TryBooking and selling fast. Book your tickets now to avoid missing out.

- Bookings: <https://www.trybooking.com/BDUXB>
- Dates: Thursday 8, Friday 9 and Saturday 10 August
- Times: Shows commence at 7:00pm each night
- Cost: All tickets \$10 or a Group of Four \$30
- Venue: Cahill Centre, Mount Carmel College

All bookings must be made through [trybooking.com](https://www.trybooking.com). Tickets are not available for purchase through the College nor at the door on the night of each performance. If you do not have access to the Internet, please contact the College Office and access will be arranged for you to make your booking. A 0.50c per ticket booking fee applies to all bookings.

The Dream Canteen

The Dream Canteen will be open both before and during interval at each performance, serving hot and cold drinks plus cakes, biscuits and lollies.

Patrons are encouraged to bring some extra money with them so they can enjoy the evening's production and also support the Parents and Friends with their fundraising.

2019 Arts Festival

Save the Date - Wednesday 4 September : 3.30 - 7.00pm

Students are beginning their preparations for performances and exhibitions at our annual Arts Festival. More information will be provided in future editions of *The View* as well as on the College's Facebook page and via EdSmart communication.

Mr Dave McNamara
Head of Department - The Arts



Year 6 Melbourne & Canberra Trip

In seven weeks' time our Year 6 students and staff will be winging our way to the mainland as we embark on an exploration of Canberra and Melbourne. As you can appreciate the excitement levels are building in both 6 Navy and 6 White.

Two of the main units studied in Semester Two are *Making a Nation* and *Calling Australia Home*. In the first unit *Making a Nation* there is a focus on how we as a nation federated and became one unified country, how democracy works in all levels of government, as well as how our legal system operates.

We consider the arguments put forward by both sides in deciding on whether we needed to federate. We explore the ideas around the reasons why people felt so passionate about their cause and why eventually the "YES" campaign won. A timeline to Federation is highlighted, how the Westminster system influenced our governance and the processes of writing the Australian Constitution are focused on. It is also a unit that looks at the three levels of government and how through the democratic process of elections we have a say in the future of the country.

In our second unit known as *Calling Australia Home* there is a significant focus on the establishment of multicultural roots through pre and post war migration and what richness and diversity our migrants bring to our country. It is often a chance to look back at our own ancestral heritage and tease it out and see how our own families become part of the fabric of this nation.

So the natural thing to do, given the Semester Two teaching is to visit the home of our Federal Parliament – Canberra and the home of multicultural Australia – Melbourne to ensure we are completely immersed. Heading to Canberra first, we use our knowledge gathered to explore the sights and sounds of what makes Canberra tick and how our parliamentary system, devised by our forefathers at the time of Federation, is regarded as one of the best in the world. On the Friday we then head to the 'Hub of Multicultural Australia' – Melbourne where we wander the streets of visiting China Town, Victoria Markets and the Immigration Museum, soaking up the smells and atmosphere of this city.

As well as this focus on government we will extend our knowledge of STEAM as we participate in work organised by the Ian Potter Foundation, engross ourselves in great art by walking through the National Gallery and develop an understanding of how our monetary system works by going on a guided tour of the Royal Australian Mint. On top of all of this it will be a visit to the AIS for a tour and a swim, a night walk around The Royal Botanical Gardens and a visit to Floriade to complete our wonderful journey. As you can see it is a 'camp' that all staff and students want to attend.

So stay tuned as we start to give you updates about what is being focus on in class with a few students contributing throughout the coming weeks and then a complete summation of events and photos on our return.

Miss Melanie Sluyters and Mr Dave Wierenga
Year 6 Classroom Teachers



Parents and Friends News

Krispy Kreme FUN-draiser

The Mount Carmel College Parents and Friends Association is running a Krispy Kreme FUN-draiser to raise FUN-ds that will support the College in providing valuable FUN-ding towards items that directly benefit students at Mount Carmel College. Families and Friends of the College have the opportunity to purchase two of Krispy Kreme's most popular dozen packs:

- Original Glazed



Dozen \$23.00

- Fundraiser Assorted Dozen \$27.00

Order forms have been sent home to all families, but if it has been misplaced, more are available at the College Office or can be downloaded here:

<https://mountcarmel.tas.edu.au/krispy-kreme-fun-draiser-2/>

Order forms must be returned to the College Office by 3.00pm on Friday 16 August 2019 with full payment (cash or EFTPOS accepted). Alternatively, you can pay using the Qkr! by Mastercard app – the same app that the College uses for canteen orders. Due to Krispy Kreme's strict order policy for FUN-draising orders, no late order will be accepted, nor will any orders without payment.

Your orders will be available for collection on the afternoon of Arts Evening – Wednesday 4 September from 2.00pm until 4.00pm – from the kitchenette outside the Drama Room. Please ensure that you collect your order on this date as the doughnuts are tastiest when they are fresh. Krispy Kreme do not take responsibility for "old" doughnuts.

Thank you for supporting the Parents and Friends Association in their FUN-draising drive. Should you have any queries, please do not hesitate in contacting the Parents and Friends Association at: pandf@mountcarmel.tas.edu.au



College Sport

Welcome back to Sport for Term 3. Some of our Term 2 sports resumed this term, including SSATIS Netball and Badminton. We wish all players, coaches and managers all the best as they finish their rosters or prepare for finals.

In the meantime, new Basketball, AFL and Hockey rosters will commence this term and teams are now coming together. The College will field two Secondary basketball teams, three Primary basketball teams, a Secondary AFL team, a Year 7/8 and two Primary Hockey teams.

Secondary Netball

The Secondary Netball rosters are now drawing to a close. Thanks to our fabulous coaches and managers including Year 8 student Hayley Davis, parents Maria Gerathy, Tanya Furjanic, Teena Mills, Jo-Anne Brett, Faine Sassin, Simon Davis, Madeleine Ogilvie, Jennifer Malloy, staff member Hayley Woodham, and to our umpires Year 9 student Rebekah Furjanic, Jim McCluskey and Yvette Onn.

On Tuesday night the Year 10 Division 2 team played off in the Grand Final against St Mary's. The Mount Carmel spirit was strong with the team fighting hard right to the end, but unfortunately St Mary's were too strong on the night.

The Year 7 Division 1 team has finished the round matches in top spot on the ladder. They will play in the grand final next Monday against Dominic. Good luck to the team.

The season has concluded for the Navy and White teams competing in the Year 7 division 2 roster. Both teams had a mix of experience in the team and it was great to see them improve as the season went on and enjoy some wins along the way.

The Year 8 rosters have one more roster game to play. The Division 1 team have performed strongly and are still hopeful for a place in the final. The Navy team in Division 2 have found the going a bit tougher, but have shown great commitment throughout the season. They enjoyed a fabulous win against Fahan in the final game last term, which was well deserved.

The Year 10 team competing in the 1st Grade team College roster completed their season last term. The team were competitive in the roster, earning some wins along the way, and really enjoyed the experience.

Water Polo



The season has concluded for the Year 7/8 Water Polo team, unfortunately missing out on finals. The team was competitive throughout the season, securing 3 wins, a draw and some narrow margin losses. Well done to the team, and especially to those that were trying water polo for the first time. State representatives Charlotte Webb and Maya Chapman were the leading goal scorers for the season.

Special thanks to Year 10 student, Dayna White, for Coaching the team and Teena Mills for Managing. Thanks also to families for helping out teams with scoring, transporting and supporting.

Water Players Wanted



If you can swim and throw a ball then give it a go. No experience is needed. Grab a friend and come along or come and meet new friends.

Please contact Gina: clarencrocsc@gmail.com or find us on Facebook.

Ms Nikki Stuart

Sports Co-ordinator



More College News

Old Scholar News



Old Scholars
Association
Mount Carmel College

Annual Mass and AGM

This Sunday, 4 August, commencing at 10.00am, the Old Scholars

Association will host their Annual Mass and AGM.

The day will commence at Holy Spirit Church celebrating Mass with the Parish of Sandy Bay, with many past and present students of the College in attendance. This will be followed by morning tea and the AGM at the Mount Carmel College Art and Technology Building at approximately 11.30am.

The Association's purpose is to continue to find new ways to grow and connect with Mount Carmel College and with each other. The Association was established to foster a spirit of pride in the College and foster a sense of community. We therefore welcome all past students, parents and staff and encourage alumnae of all generations to stay connected with us.

All Old Scholars are welcome to attend the Association meetings and contribute fresh ideas and insights. The Association's success comes from the strength of the connections formed by its members.

For more information, please contact the Old Scholars at oldscholars@mountcarmel.tas.edu.au

Long Day Care

As we now have a waiting list for Monday and Tuesday in Long Day Care, the College is looking at possibilities of increasing our numbers on these days.

If you are interested in a Long Day Care place on Monday or Tuesday, please contact the College Office on 6216 7900 to be placed on the waiting list.

The cost for the Long Day Care is \$56 per day and CCS applies. Children must have turned three years of age to attend.

College Notices



Upcoming Dates

August 2019

- Sunday 4: Old Scholars Mass & AGM, Holy Spirit Church - 10.00am
- Thursday 8, Friday 9 & Saturday 10 August: The Dream drama production, Cahill Centre - 7.00pm
- Monday 12 - Friday 16: Science and Technology Week
- Monday 12: Prep - Year 6 Assembly, Cahill Centre - 10.00am. Hosted by Year 6
- Monday 12: Years 7 - 10 Assembly, Cahill Centre - 12.00pm
- Saturday 17: Year 10 Formal, Derwent Sailing Squadron
- Monday 19 - Friday 23: Book Week and Visiting Authors
- Monday 19: Parents & Friends Meeting, O'Brien Resource Centre (Library) - 6.30pm
- Friday 23: Book week Parade, Cahill Centre - 11.00am