



**Mount
Carmel
College**

Courage.
Compassion.
Justice.

COVID-19 Protocols – Safe Return to Sport: Football

Lower Queenborough Oval, Sandy Bay

As part of the Mount Carmel College COVID-19 Safety Plan, the following guidelines are in place for a safe return to football at Lower Queenborough Oval, Sandy Bay.

Everyone

- Do not come to sport if you are unwell.
- Arrive Ready, Get in, Play, Get out.
- Use good hygiene practices. Wash/sanitise your hands prior to and after arriving.
- Where practical, maintain a physical distance of 1.5 metres from other people.
- **Attendance** – Each Team Manager/Hygiene Officer will keep a list of attendees, including Players, Officials and Spectators with their team. Please ensure you are signed in, if attending the game.
- Avoid unnecessary social gatherings.
- SATIS and Mount Carmel College recommend community members to download and use the COVIDSafe App.

Players

- Arrive in your playing uniform ready to play.
- Avoid using the change rooms or limit time spent in change rooms.
- Bring full drink bottle, personal medical items, mouthguard - avoid taking it in and out of the mouth during training/game.
- Wash your hands or sanitise prior to playing. Sanitiser will be with Team Officials.
- During breaks and whenever possible, observe social distancing protocols of 1.5m.
- No hand shaking, hugs or high fives.
- No spitting or nasal clearing.

Team Manager/Hygiene Officer

- Ensure all players are observing health and hygiene protocols as above.
- Clean all footballs and any other equipment used after the game.
- Keep a list of attendees at each game, including players and spectators of the Mount Carmel Team.
- If anyone is unwell, they should be asked to leave the venue.
- If minors are unwell, contact parent/carer so they can be collected.
- Reinforce that uniforms are to be washed after all games.
- All MCC teams will have a hygiene pack, including sanitiser, disinfectant wipes and gloves.

Parents/Spectators/Guardians

- Spectators are to maintain a physical distance of 1.5 metres from other people.